2017 VIRGINIA TECH
CROSS COUNTRY

HISTORY AND
RECORDS GUIDE

Katie Kennedy, Virginia Tech
2017 All-ACC and All-Southeast Region
During the past 30 years, Virginia Tech’s cross country course has provided many benefits to the program and has paid dividends for the Tech cross country team. The course has attracted several of the nation’s top programs and been the site of some of the state’s largest high school meets.

“In conjunction with our indoor and outdoor track facilities, the cross country course makes Virginia Tech unsurpassed in the quality of facilities,” said Dave Cianelli, Virginia Tech’s director of track & field and cross country. “The training aspect of the course is also great.”

Tech has the luxury of competing and training on a course designed solely for cross country competition, affording the team an opportunity to have exclusive rights to the use of the facility.

Over the years, the all-grass course has provided an ideal surface for racing and training. Located on the southwest end of campus near the corner of Southgate Drive and Route 460, the terrain gently rolls through the cornfields and wooded locations typical of the Tech surroundings.

Opened for racing in 1993, the course now starts and finishes behind the Virginia-Maryland Regional College of Veterinary Medicine. It covers a total of 3.1 miles, passes historical Smithfield Plantation and crosses Stroubles Creek. There is also a five-mile version of the course for the men.

“I think it’s one of the nicest settings for a cross country course I have ever seen,” Cianelli said. “The fact that it is on campus makes it ideal for our teams to train and compete.”

Another key trait of the course is its proximity to campus facilities. Rector Field House allows athletes to warm up in perfect conditions.

The Hokies traditionally hold three or four meets each season at their home course, including the Hokie Invite, the VT Alumni Invitational and the Hokie Open.

“There are very few schools with a cross country course and two tracks so close together,” cross country coach Ben Thomas said. “The competition facilities here are unbeatable.”

**COURSE RECORDS**

**MEN’S 6K**

18:12.9 - Andrew Goldman (Virginia Tech)  Hokie Open on Nov. 4, 2016

**MEN’S 8K**

23:37.3 - Will Mulherin (Virginia Tech)  ACC Championships on Oct. 27, 2012

**WOMEN’S 4K**

13:38.1 - Tessa Riley (Virginia Tech)  Hokie Open on Nov. 4, 2016

**WOMEN’S 6K**

20:00.1 - Violah Lagat (Florida State)  ACC Championships on Oct. 27, 2012
2017 HONORS & AWARDS

MEN

TEAM MVP
Peter Seufer

ALL-SOUTHEAST REGION TEAM
Peter Seufer (9th)
Daniel Jaskowak (10th)
Patrick Joseph (21st)

ALL-ACC TEAM
Peter Seufer (7th)
Daniel Jaskowak (11th)
Neil Gourley (12th)
Vincent Ciatti (18th)

ALL-ACC ACADEMIC TEAM
TBD

WOMEN

TEAM MVP
Katie Kennedy

ALL-SOUTH EAST REGION TEAM
Katie Kennedy (15th)
Kayla Richardson (22nd)
Sarah Edwards (24th)

ALL-ACC TEAM
Katie Kennedy (19th)
Kayla Richardson (20th)

ALL-ACC ACADEMIC TEAM
TBD
The Tech women competed at the AIAW Division II level before being elevated to an NCAA Division I level. In 1998, Tech's 1981 squad placed fifth at the AIAW Division II National Championships.
**CONFERENCE CHAMPIONSHIPS (TEAM)**

**MEN (TEAM)**
- 2012: Atlantic Coast Conference
- 1997: Atlantic 10 Conference
- 1996: Atlantic 10 Conference
- 1994: Metro Conference
- 1989: Metro Conference
- 1988: Metro Conference
- 1987: Metro Conference
- 1986: Metro Conference
- 1985: Metro Conference
- 1984: Metro Conference
- 1983: Metro Conference
- 1982: Metro Conference
- 1981: Metro Conference
- 1980: Metro Conference

**WOMEN (TEAM)**
- 1998: Metro Conference
- 1997: Metro Conference
- 1996: Metro Conference
- 1995: Metro Conference
- 1994: Metro Conference
- 1993: Metro Conference
- 1992: Metro Conference
- 1991: Metro Conference
- 1990: Metro Conference
- 1989: Metro Conference

**CONFERENCE CHAMPIONS (INDIVIDUAL)**

**MEN**

**WOMEN**

**ALL-CONFERENCE HOKIES**

**MEN**

**WOMEN**

**Atlantic 10 Conference**
- 1999: Chris Seaton, Van Arnold, Paul Hayes, Matt Zacharias, Jay Johns, Jason Dowdy, Mike Cox, Wes Schilling, John Hawthorne
- 1998: Chris Seaton, Van Arnold
- 1997: Matt Zacharias, Jay Johns, Jason Dowdy, Mike Cox, Van Arnold
- 1996: Van Arnold, Mike Cox, Wes Schilling, Jason Dowdy, Mark Rumpf
- 1995: John Hawthorne, George Probst
### ALL-TIME CONFERENCE FINISHES

#### MEN

| Year | Place | Southern Conference | | Year | Place | Atlantic 10 Conference | | Year | Place | BIG EAST Conference | | Year | Place | Atlantic Coast Conference |
|------|-------|---------------------|------|------|------------------------|------|------|--------------------------|------|------|-----------------------------|------|

#### WOMEN

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Michael Hammond (left) and Will Mulherin celebrated with the rest of the men's team after the Hokies won the 2012 ACC Cross Country Championship.