Virginia Tech student-athletes receive outstanding academic support with state-of-the-art study areas and well over 60 tutors.

Tech’s athletic graduation rate is higher than the average overall graduation rate for all Division I universities.

More than 80 percent of all Tech student-athletes who have completed their eligibility in the past five years have graduated.

For the second year in a row, a new record of 358 student-athletes were recognized at the Athletic Director’s Honors Breakfast for posting 3.0 GPAs or higher in the 1999 calendar year.

Tech had 240 student-athletes, approximately one-fourth of the student-athlete population, named to the dean’s list, and 34 achieved a perfect 4.0 GPA during the fall or spring semesters of the 1999-2000 academic year.

The Hokies finished the 1999-2000 academic year with nine student-athletes being selected to the GTE Academic All-District teams for their individual sports, one selected to the GTE Academic All-America first team and one earning an NCAA Postgraduate Scholarship.

A total of 12 Tech athletic teams achieved a 3.0 or better team GPA — four teams during the fall semester and eight during the spring semester.

Tech student-athletes participate in the HiTOPS program (Hokies Turning Opportunities into Personal Success). HiTOPS provides a well-rounded program for student-athletes to develop the individual skills necessary to lead successful and productive lives.

A sports psychologist has been added to Tech’s Sports Performance Staff to help meet the personal and performance needs of the student-athletes.

Virginia Tech’s strength and conditioning program is regarded as one of the best in the nation.

The Hokies have more than 22,000 square-feet of strength and conditioning training space.

Twenty-six Tech football strength and conditioning records were broken in the spring of 2000.

Eight Hokies achieved Super Iron Hokie status, including five first-time members for the 1999-2000 year.

Two football players were named to the Elite Level of Performance status, signifying a predetermined performance test which measures achievement for the individual’s position. It comprises four tests in strength and four tests in performance.

Six Tech student-athletes were named to the 2000 National Strength and Conditioning Association All-American team, excelling in their strength training and in the areas of leadership, academic performance and community involvement.

The training and medical complex includes 2,400 square feet of space.

The “Training Edge” dining facility features a comprehensive system of eating for championship performance.

Tech has added a sports nutritionist to the Sports Performance Staff to help the student-athletes achieve their sports nutritional goals.

A new training room has been completed in Rector Field House — Tech’s indoor practice facility — to serve the football team when it moves indoors.
Achievement in the Classroom Is a Priority at Virginia Tech

The success of Virginia Tech’s football program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Office of Academic Enrichment Programs (SAOAEP).

Student-athletes are the most visible student component of a university. They delight and entertain thousands of fans, students and alumni. Their athletic ability and achievement is the primary focus for national media attention. Athletic events bring back not only faithful alumni, but are a welcome mat for potential new students.

Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential. To accommodate the many facets of assistance needed for student-athletes, Virginia Tech’s mission is eight fold:

1. To provide services to all student-athletes, including any student participating in any varsity sport, managers, trainers, cheerleaders and HighTechs.
2. To provide academic support through tutoring programs, computer facilities and software which are necessary for the individual needs of each student.
3. To require a mandatory study hall for students below expected QCA levels in order that the staff might better assist the at-risk student-athletes.
4. To provide adequate study facilities and a computer lab which are conveniently located near the training areas and coaching areas.
5. To provide mentoring, counseling, academic assistance, advising and to

Senior rover Cory Bird and former punter Jimmy Kibble were among the Hokie football players that graduated last spring.

Many exciting events take place at Lane Stadium/Worsham Field, but none are more important than one that takes place in May—the university’s commencement exercises.

Continued on next page
During 1999 fall commencement exercises last December, six Hokies who would play in the national championship Sugar Bowl game a few weeks later were awarded their diplomas — (l to r) Michael Hawkes, Dave Meyer, Ike Charlton, Anthony Midget, Shane Beamer and (not pictured) John Engelberger. Two other Hokies on Tech’s 1999 BIG EAST championship squad, All-American Corey Moore and Greg Shockley, had graduated the previous spring.

**Academic Enrichment**

*Continued from previous page*

work closely with other academic offices on campus for the welfare of the students.

6. To work closely with the athletic department for the academic welfare of each student-athlete and to help in the development of an effective student life program.

7. To closely monitor the academic success of each student to help ensure academic progress toward a degree and maintenance of academic and athletic eligibility.

8. To encourage former athletes to be actively involved with the present athletes and to provide services to former athletes who did not graduate and assist them in their academic planning toward a degree.

The ultimate goal is for all student-athletes to successfully complete their degree. The expectations of the Virginia Tech community are that each student-athlete achieves their maximum academic and athletic potential. With the proper assistance, facilities and encouragement, these potentials can become a reality.

Tech has made tremendous strides in recent years. The 1999 NCAA Division I Graduation Report states that for student-athletes who have exhausted their eligibility at Tech, 81 percent have graduated. Last spring, the Athletic Director’s Honors Breakfast paid tribute to a record 358 student-athletes, student trainers, student managers, cheerleaders and High Techs who posted 3.0 or greater QCAs in the 1999 calendar year.

Each year, student-athletes who earn a 3.0 grade point average are honored at the Athletic Director’s Honors Breakfast. This past year, 358 athletes were recognized at this event.
The Student Athlete Office of Academic Enrichment Programs provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, student-athletes are referred to and encouraged to take advantage of other campus agencies charged with helping students in their academic pursuits.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area adjacent to the SAOAEP office in Cassell Coliseum. The HEAT (Hokies Engaging in Advanced Technology) Lab houses over 26 computers on the second floor of Cassell Coliseum. Room 160 in Cassell Coliseum provides an area for private, quiet study for the athletes' convenience. Additionally, student-athletes can use the Center for Academic Enrichment and Excellence site offices, located in Hillcrest and Femoyer Halls. Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice, or in the evenings, with flexible hours tailored to make the most of a student-athlete’s limited time.

The coordinator, Chris Helms, begins his second year at Virginia Tech and is responsible for the development and leadership of the Student Athlete Office of Academic Enrichment Programs. Helms oversees an office comprised of a coordinator, an associate coordinator, three assistant coordinators, and a secretary forming a group of professionals serving the needs of all student-athletes.

In addition to his duties directing SAOAEP, Helms serves as a liaison between the academic and athletic communities, is a member of the Center for Academic Enrichment and Excellence administrative team and is an ad hoc member of the University Athletic Committee. Helms came to Tech from Michigan State University, where he served as the assistant director of the Student Athlete Support Services office. Prior to MSU, Helms served as the coordinator of academic affairs for the Florida State University football program. Some of his other experience includes academic advisement for student-athletes at Central Connecticut State University. Helms earned his bachelor’s degree in psychology at Wake Forest University and received his master’s in athletic counseling from Springfield College. A native of Frederick, Md., he and his wife, Renee, have one son, Walker.

Lois Berg, associate coordinator, begins her 12th year at Tech. She is primarily in charge of developing the freshman orientation program, which ensures the student-athlete a smooth transition from high school to the university. She is also responsible for providing programming to assigned student-athletes from the sports of baseball, men's...
Colin Howlett begins his fourth year with Virginia Tech as an assistant coordinator of the Student Athlete Office of Academic Enrichment Programs. In addition to assisting the coordinator in all facets of the program, Howlett oversees the advisement of football and volleyball student-athletes with regard to satisfactory progress, eligibility and degree completion as set forth by the NCAA, Big East and Virginia Tech. He also helps coordinate support services for the football program, including tutorial support, mentoring, organized study table and major and career counseling.

In addition to these responsibilities, Howlett assists in the recruitment, academic evaluation and admissions of prospective student-athletes. Howlett came to Tech from the University of Maine, where he served for a year and a half as an academic advisor for the athletic department.

Some of his other experience includes academic advisement for student-athletes at Austin Peay State University and the University of Southern Mississippi. Howlett earned his bachelor’s degree in business administration at Susquehanna University and received his master’s in athletic administration from the University of Southern Mississippi. A native of Allentown, Pa., he and his wife, Lisa, have one daughter, Natalie.

Sheila Clark provides academic support for student-athletes in women’s lacrosse, men’s and women’s cross country, men’s soccer, men’s golf and wrestling. She also is responsible for the administration of the study hall program and monitoring system. Additionally, Clark coordinates the activities for the Society of African American Scholars on Tech’s campus.

Katie Ammons is an assistant coordinator who begins her second year and works with the women’s basketball, women’s soccer, men’s and women’s track, cheerleader and High Tech programs. Ammons is a former standout Hokie student-athlete.

Terrie Repass begins her 26th year of service at Virginia Tech. She serves as the office receptionist and “first contact” person for the SAOAEP. She is responsible for organizing special events and meetings for the office. Repass prepares all accounting, purchasing and travel transactions for the office.

Assistant academic coordinator Colin Howlett (center) talks with running back Lee Suggs (right) about computer work in the athletic department HEAT lab.
The Office of Student Life within the Virginia Tech Department of Athletics is dedicated to enhancing the quality of the student-athlete experience through its various programs. The HiTOPS CHAMPS/Life Skills Program was created to achieve its mission.

The HiTOPS CHAMPS/Life Skills Program (Hokies Turning Opportunities into Personal Success) provides a well-rounded program for student-athletes to develop the individual skills necessary to lead successful and productive lives.

“HiTOPS CHAMPS/Life Skills program is an excellent way to enhance the total development of students participating in intercollegiate athletics,” Jermaine Holmes, director of student life said. “The program offers student-athletes opportunities to use athletics as preparation for life after sports. I am very excited and proud to be able to assist these young people in achieving success in life.”

The program’s goal is to enhance five areas of commitments that are vital to personal growth of student-athletes. Those areas are service; academic excellence; career development; athletic excellence; and personal development.

Throughout the career of every student-athlete, this program attempts to build individual confidence, promote respect for diversity, enhance interpersonal relationships, develop leadership skills and enable each one to make a valuable contribution to the community.

Coordinator of student life Amy Freel and director of student life Jermaine Holmes (r) talk with Vegas Robinson (standing, center) in the HEAT lab in Cassell Coliseum.

Service
The Tech football program takes great pride in its community service projects. Many players take part in various programs such as Hokie Readers, Kid Fest, Special Olympics, Canned Food Drive, White Ribbon Campaign (men against violence toward women), hospital, retirement home and detention center visits and VT Night at local elementary schools.

Holmes, Freel and the Office of Student Life are committed to providing student-athletes with opportunities to develop the foundation for a lifelong commitment of volunteerism. Involvement in community service programs can provide a fruitful avenue for the development of a positive relationship between student-athletes and the community in which they live.
Office of Student Life

Continued from previous page

“The Virginia Tech football program has been greatly involved in numerous community service projects and charitable organizations throughout the New River Valley,” Amy Freel, coordinator of student life, said. “The players enjoy volunteering and realize the importance of giving back to a community that is so supportive of all of the athletic teams at Virginia Tech.”

Academic Excellence

Academic excellence is promoted through a full range of services available for any student-athlete. HiTOPS is committed to effective study skills programs which facilitate the development of student-athletes as critical thinkers with a variety of integrated learning skills. A monitored study hall, assigned academic advisors, A-Tech (computer integrated classes) and honors, awards and recognition, such as the Athletic Director’s Honor Roll and the Arthur Ashe Jr. Sports Scholars, are all offered by Virginia Tech to help with academics.

Jermaine Holmes
Director of Student Life

Jermaine Holmes is in his second year as the director of student life for Virginia Tech and third year working in the athletics department. Holmes oversees the day-to-day operation of the office of student life, directs the HiTOPS CHAMPS/Life Skills Program and serves on various student-related committees on campus.

He serves as a member on the advisory counsel for multi-cultural affairs, committee for campus climate, provides lectures as a member of Safe (Sexual Assault Facts and Education) and recently has been named the treasurer of the Virginia Tech Black Caucus.

While pursuing his undergraduate degree at Virginia Tech, Holmes was a star receiver for the Hokies. He earned his bachelor’s degree in marketing management in 1996 and his master’s in consumer studies in 1998, both from Tech.

Born in St. Petersburg, Fla., Holmes is single and currently resides in Blacksburg. In his spare time, he enjoys weight training, playing basketball and rollerblading.

Career Development

HiTOPS is committed to the goal of assisting student-athletes in the process of career development. It is the program’s intention to provide a developmental approach that begins with career awareness which then leads to career exploration and, finally, job placement. Within each step of the career development path, there will be a number of workshops and seminars to address relevant issues. Efforts will be made to help students move along the path to job placement at an appropriate pace.

Career development components of the program include complete interest

Among the service projects that members of the football team work on are volunteering at the Christmas Store (above) and making visits to area hospitals (below).
inventories, career nights, job shadowing, internship opportunities, GRE/Graduate School seminars, resumé writing workshops, Hokie Career Network (made up of over 65 companies) and interview skills training.

**Athletic Excellence**

CHAMPS/Life Skills programs encourage student-athletes to transfer the lessons learned in athletic participation to their daily life experiences. Virginia Tech strives to provide its student-athletes with excellent facilities, staff, equipment and support programs. Athletic excellence is fostered by the department’s sponsorship of 11 men’s and 10 women’s intercollegiate sports.

**Personal Development**

HiTOPS is committed to the goal of assisting in developing the total person. Student-athletes are given opportunities to acquire appropriate communication skills and decision-making skills that will enable them to manage their personal and professional lives. This is done through workshops and seminars in media training, SAFE (Sexual Assault Facts & Education), Alcohol Awareness Week programs, conflict resolution, manners and etiquette, nutrition and fiscal responsibility.

**Pursuit of Excellence**

Tech’s overriding goal continues to be a combination of excellence in both athletic competition and academic achievement. These five commitments of the HiTOPS CHAMPS/Life Skills programs help lead to the development of productive, responsible and successful lives for Virginia Tech student-athletes.

**Amy Freel**

*Coordinator of Student Life*

Amy Freel is in her second year as the coordinator of student life at Virginia Tech. She came to Blacksburg in September 1999, after serving as a registered dietitian at a nearby hospital in Salem, Va.

In her capacity with student life, Freel serves as the community service coordinator, assists with the development and implementation of alcohol, tobacco and drug awareness programs, manages the mentors for new Hokies programs and serves on various committees on campus.

She serves as a member of the new student orientation committee, the campus climate committee and also provides lectures as a member of SAFE (Sexual Assault Facts and Education).

Freel graduated from Ball State University in Muncie, Ind., with her bachelor’s degree in dietetics in 1996 and received her master’s in the same field also from Ball State in 1998.

She was a four-year letterwinner on the gymnastics team, earning All-Mid-American Conference honors. As a senior, her team was honored as the National Collegiate Academic Champions for the sport of gymnastics.

Freel, a native of Glen Ellyn, Ill., and her husband, Mike, live in Christiansburg. The couple is expecting their first child in November.

The Tech football team participates in occasional events at area malls and schools where they give a little back to the loyal fans who provide the Hokies with terrific support.
Tech Has One of the Top Programs in the Nation

Under the direction of Assistant Athletic Director for Athletic Performance Mike Gentry, a 13-year member of the Tech athletic department, and his staff, the Virginia Tech strength and conditioning program is among the best in the nation.

One of the main support centers of Tech football is the strength and conditioning program. The results of hard work by not only the staff but the student-athletes have paid huge dividends as the Hokies have continued their streak of seven-straight bowl game appearances.

The football team trains in the beautiful 17,000-square foot training center on the first level of the Merryman Athletic Center. The weight room facility features new free-weight equipment, a full line of Hammer Strength equipment, 12 platforms and a 6,000-square foot state-of-the-art speed and agility room.

Tech football players used to train in the Jim “Bulldog” Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie player and long-time supporter of the Virginia Tech Athletic Department. With the two facilities, the Hokies have over 22,000-square feet of strength and conditioning training space.

The strength and conditioning staff is also very involved in nutritional education and supplementation as related to athletic performance.
Gentry’s Philosophy

“Since 1987, our strength and conditioning program has developed a tradition. We have a team dedicated to training hard and striving for excellence. The younger student-athletes see the upperclassmen’s intensity and it makes everyone want to train to be one’s best.

Our strength and conditioning program is designed to help our student-athletes build overall strength, power and stamina, while helping them develop self-discipline and realize their potential as athletes. We have a comprehensive program utilizing strength/power training, plyometrics, functional conditioning and flexibility training. Our goal is to become one of the most physical teams in the nation.”

“The Training Edge” dining facility has been touted by visiting coaches as one of the best in the country. It features a comprehensive system of eating for championship performance.

“Our system of nutritional supplementation and performance-based eating has made a tremendous difference in the gains our athletes have experienced over the past year,” Gentry said. “We plan to continue to improve and promote the ‘Training Edge’.

“By the beginning of the 2000 football season, a registered dietitian will be on staff as part of the athletic performance team to assist the athletes with their sports nutritional goals.”

The Tech football strength program centers around five major lifts. The bench press and back squat are lifts for building all-around strength; the push jerk, power clean and hang clean help players develop explosive power. Gentry’s program also includes conditioning and speed development, which the players do in the speed and agility room, Rector Field.

Continued on next page

Offensive lineman Josh Redding works out on the bench press.

Hokies go through a drill in the speed and agility room, located adjacent to the weight room in the Merryman Center.
House (Tech's indoor practice facility) and on the Hokies' excellent track facilities.

Each player has personal goals which he works to achieve. The team is broken down into four groups based on the positions that are relevant to the players' body size. The players work to progress from Maroon, Orange, Hokie and Iron Hokie status to the Super Iron Hokie level.

This year, a new level of achievement has been created, the Elite Level of Performance. This is a predetermined performance test which measures achievement for the individual's position. It comprises four tests in strength (bench press, squat, push jerk, power clean) and five tests in performance (vertical jump, 40-yard time, 10-yard time, sit-reach test, 20-yard shuttle). Jarrett Ferguson and Browning Wynn, two former walk-ons, earned the program's first Elite Level of Performance distinction.

A native of Durham, N.C., Gentry received his bachelor's degree in physical education from Western Carolina University in 1979 and received his master's from the University of North Carolina at Chapel Hill in 1981. He completed his doctorate in curriculum and instruction, with an emphasis in motor behavior from Virginia Tech in 1999.

Gentry worked as an assistant strength coach at UNC and as the head strength coach at East Carolina University prior to coming to Virginia Tech in 1987.

In 1995 and 1996, Gentry was recognized by the National Strength and Conditioning Association as a finalist for the National Strength and Conditioning Professional of the Year. Assisting Gentry this year are three full-time assistant strength and conditioning coaches: Sonny Sano, director of strength and conditioning, Jay Johnson, strength and conditioning coordinator of men's Olympic sports and Michelle Boswell, strength and conditioning coordinator for women's Olympic sports. Gentry will also be assisted by four graduate assistants — Paula Allain, Angelo Gingeralli, Erin O'Neil and Danny Wheel.

### Super Iron Hokies

<table>
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<tr>
<th>Name</th>
<th>Year(s)</th>
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<tr>
<td>Todd Grantham</td>
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</tr>
<tr>
<td>Malcolm Blacken</td>
<td>1988</td>
</tr>
<tr>
<td>Horatio Moronta</td>
<td>1989</td>
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<tr>
<td>Myron Richardson</td>
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<tr>
<td>Karl Borden</td>
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<tr>
<td>David Hackbirh</td>
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<td>Sean Lucas</td>
<td>1989</td>
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<td>Scott Rice</td>
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<td>Phil Bryant</td>
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<td>Shyrone Stith</td>
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Annual ‘Ironman Competition’ Creates Motivation for Training During the Summer

A tug-of-war is part of the “Ironman Competition” during summer workouts.

Browning Wynn (above) runs for time during the “Awkward Heavy Object Carry.” Wayne Ward and Lee Suggs battle it out during the Sumo wrestling competition.

Anthony Nelson pushes a pickup truck – uphill – in one of the “Ironman” events.
**Virginia Tech Football Strength and Conditioning Records**

(UPDATED SPRING 2000)

<table>
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<th>POS.</th>
<th>BENCH PRESS</th>
<th>BACK SQUAT</th>
<th>HANG CLEAN</th>
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<td>C. Barry 386 ’93</td>
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<td>W. Jackson 405 ’95</td>
<td>C. Beasley 361 ’99</td>
<td>J. Baron 386 ’95</td>
<td>C. Bradley 35.5 ’98</td>
<td>C. Bradley 4.64 ’98</td>
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<td>Whip LB</td>
<td>T. Butler 370 ’00</td>
<td>T. Butler 550 ’00</td>
<td>M. McClung 345 ’93</td>
<td>N. Sorenson 300 ’00</td>
<td>N. Sorenson 336 ’00</td>
<td>P. Summers 42 ’98</td>
<td>K. Lby 4.34 ’94</td>
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<tr>
<td>CB</td>
<td>A. Banks 400 ’96</td>
<td>J. Granby 550 ’93</td>
<td>A. Banks 340 ’96</td>
<td>I. Chariton 316 ’99</td>
<td>A. Banks 341 ’95</td>
<td>A. Banks 341 ’95</td>
<td>L. Austin 42.5 ’00</td>
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Bold type indicates records set in Spring 2000 testing

"There is no question about the value and importance of weight training as an ingredient to winning. We’re very fortunate to have Mike Gentry running our strength and conditioning program."

— Frank Beamer

Fullback Jarrett Ferguson, who holds position records for the Hokies in four categories, was one of two Hokies to earn new “Elite” honors. The other was tight end Browning Wynn.

The “Training Edge” offers athletes proper meals at a convenient on-campus location.
The Virginia Tech Sports Medicine Department prides itself on providing the most current and comprehensive care available to all of its student-athletes.

Under the leadership and guidance of Dr. Duane Lagan, director of sports medicine, and Mike Goforth, director of athletic training, the team of general practitioners, orthopedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists and sports psychologists have assembled to form one of the finest sports medicine partnerships in the nation.

“If our strength and conditioning is so important, and it is, then we owe it to our athletes to provide them with the necessary resources to keep them actively participating,” Goforth said. “We basically adopt the attitude that in the fall, our mission is to keep them participating on the field and during the other times of the year it is our job to keep them participating in our strength and conditioning programs.”

This mentality is based on a large volume of research that shows that properly designed programs reduce the chance of injury, the sports medicine staff just takes it a step further.

After the sports medicine staff diagnoses and treats an ill or injured athlete, the strength and conditioning staff works to give the best injury.

The Hokies have outstanding training facilities in the Merryman Athletic Center.

Dr. Duane Lagan
Director of Sports Medicine and Team Physician

Dr. Duane Lagan begins his 13th season as the Tech team physician. He has had a varied medical career, having maintained a private practice in Okeene, Okla., for 16 years and having served as Texas A&M’s team physician for five years.

At Tech, Dr. Lagan serves as a physician at Student Health Services in the mornings and then works in athletics in the afternoons, either in his Merryman Center office or on the playing field.

Dr. Lagan and his wife, Dee, have four children — Dee, Lynn, Tim and Lee.
Mike Goforth
Director of Athletic Training

Mike Goforth begins his first year as the director of athletic training and third year on Tech’s athletic training staff. Goforth came to Tech from the Hamilton/Medical Center/Bradley Wellness Center in Dalton, Ga., where he was the director of wellness and sports medicine.

He has an extensive background in sports medicine, working at East Tennessee State University, Virginia Tech, William Fleming High School, Tusculum College, Greene County Sports Medicine/Industrial Cooperative and Pioneer Sports Medicine/Physical Therapy Clinic.

Goforth graduated from East Tennessee State University in 1991 with a bachelor’s degree in physical education with a concentration in athletic training. He earned his master’s degree in sport management from Virginia Tech in 1995 and is currently pursuing his doctorate in health education, also from Virginia Tech.

Sports Medicine
Continued from previous page

prevention and performance enhancing programs possible.

The training, medical and strength and conditioning staffs each have a role in bringing the athlete back quickly and ready to play. After an injury, an athlete will go through rehabilitation and physical therapy.

Athletes are then moved to weight training as they become able. The strength and conditioning staff uses specific programs for each injury in an effort to get the athlete back quickly.

Athletes also have access to custom orthotics, custom mouth guards, specialized prophylactic bracing and many other options to help prevent or protect them from injuries.

The sports medicine staff also takes great pride in treating the athlete year-round. Special attention is paid to the offseason component of the athlete’s school year. During this time, the staff will analyze past injury data from each participant and construct a preventative program that is followed over a nine-week period between the end of the season and the beginning of spring practice. This same procedure is followed during the summer.

Their programs consist of strengthening, stretching and most importantly movement pattern analysis and training to help prevent the re-occurrence of injuries.

“We value the offseason greatly within our department,” Goforth said. “We have adopted the same mindset as our strength and

Medical and Training Personnel

<table>
<thead>
<tr>
<th>Dr. Kevin Waninger</th>
<th>Dr. Marc Siegel</th>
<th>Jimmy Lawrence</th>
<th>Heather Slivka</th>
<th>Keith Doolan</th>
<th>Josh Signs</th>
</tr>
</thead>
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<tr>
<td>Team Physician</td>
<td>Orthopaedic Surgeon</td>
<td>Athletic Trainer</td>
<td>Athletic Trainer</td>
<td>Graduate Assistant</td>
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<td>Dr. Steve Jacobs</td>
<td>Dr. Greg Tilley</td>
<td>Robyn Roddy</td>
<td>Joe Van Allen</td>
<td>Aaron Gresham</td>
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<tr>
<td>Optometrist</td>
<td>Chiropractor</td>
<td>Radiologic Technologist</td>
<td>Physical Therapist</td>
<td>Brace Consultant</td>
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<td>Dr. Lawrence Kyle</td>
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conditioning staff and look at our offseason time as an opportunity to get our athletes better as opposed to time off for our staff.”

Most of the offseason program is based on a program called the functional movement screen, developed by Gray Cook of the Athletic Testing Services. This screening device is used to assess an athlete’s potential for performance improvements as well as other pre-disposition for certain injuries.

“The beauty of this program is that it is a multi-disciplinary tool that is designed to show the athlete where their deficiencies lie,” Goforth said. “It will also provide them with the necessary resources to improve their screening scores which will in turn increase their performance and decrease their potential for injury.”

The training and medical complex currently is located in the $10 million Merryman Center, a state-of-the-art facility which includes 2,400 square feet of medical space supplemented by training rooms in Cassell Coliseum.

This treatment room has numerous treatment modalities including electric stimulation, ultrasound, hot packs and interfential current. It also has an office for the staff, dozens of training tables, whirlpools, rehabilitation equipment and an eight-foot cold tub. In addition, a new training room has been constructed in Rector Field House to serve the football team when it practices indoors.

In the future, plans are being formulated to further enhance the training support by consolidating the training rooms in Cassell Coliseum to one centralized area. This will further enhance the availability of the training staff as well as better equip the staff to care for the needs of the student-athletes. The centralized area in Cassell will provide all the training services and that will allow the Merryman Center to be used for physical therapy, chiropractic care and massage therapy.

Student-athletes have access to the Schiffert Student Health Center in McComas Hall. A health center and counseling services are available on one side of McComas Hall, while recreation sports and fitness programs are available on the other. The center also has a fully-operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

Student-athletes can go here for X-rays and lab work that can’t be done in the Merryman Center. Dr. Lagan has office hours at Schiffert in the mornings and is usually in the athletic complex in the afternoons. Dr. Siegel will work in Schiffert this fall, where he will see referred patients to evaluate their injuries.

Student-athletes can also go to Schiffert Student Health Center to be seen by a practitioner or see an orthopedic surgeon, if necessary. If physical therapy is needed, student-athletes can rehab at the Merryman Center. A staff psychologist, located in the Cook Counseling Center, is also available to all student-athletes for personal and performance issues.

Dr. Lagan, along with Goforth and team orthopedic surgeon Dr. Marc Siegel, care for the medical needs of athletes on Tech’s football team, traveling with the team and attending practices. These practitioners are assisted by a staff of five graduate assistants (two primarily for football) and 15 student trainers in caring for Tech’s 20 other varsity sports.

The training room is outfitted with all the best equipment. Here, Andraé Harrison works on a Backsystem unit.
These days, college football is as competitive as ever and each school is looking for something that will give it an advantage. And while star athletes, weight training and lots of practice can make a big difference, Virginia Tech has something that puts it over the top — Avid Sports, Sports Pro 7.0.

The system is regarded as the best in the country. NFL teams use it. College teams wish they had it. Tech does. “Virginia Tech has one of the largest digital computer video network systems in the country,” head video coordinator Kevin Hicks said.

This state-of-the-art video equipment has prepared the Hokies for any possible scenario they may come across in any game. And it’s not just available on game days. The equipment is available 24 hours a day and seven days a week. And starting this fall, coaches and players will be able to use laptop computers to watch video while they are away from the Merryman Center.

What makes this system so potent in terms of preparing a team for a game is convenience, convenience, convenience.

Here’s how the system works. Every practice is videotaped. The tape is gathered along with Tech game film of opponents’ games. Then, assistant video coordinator Jed Castro and the graduate assistants label each play in terms of down, 

Student videographer Brian Walls and video coordinator Kevin Hicks prepare practice tape in the videography office.
Kevin Hicks
Video Coordinator

Kevin Hicks has wasted no time moving up the ranks in the Tech video office. After spending four years as a student intern, while pursing his degree in communication studies from Tech, the Yorktown, Va., native was hired in May of 1998 as the assistant video coordinator. Within a year, Hicks moved up to head video coordinator, his current position.

As head video coordinator, Hicks has numerous duties. Supervising undergraduate students, helping coaches with video to prepare for upcoming games, producing highlight videos for each sport and keeping up with the latest equipment are just a few things Hicks handles.

Born in Newport News, Va., in 1976, Hicks graduated from Tabb High in 1994. Hicks and his wife, Kristen, reside in Blacksburg. In his spare time, he enjoys playing volleyball and softball.

Jed Castro
Assistant Video Coordinator

Jed Castro is in his second year as assistant video coordinator for Virginia Tech athletics after spending several years in television. Castro came to Tech from WLSLS-TV in Roanoke where he was a sports producer, a reporter and an anchor. He is also the former executive producer of Virginia Tech Sports Today, the Hokies’ weekly sports magazine show.

A Virginia Tech alumnus (1997, communication studies), Castro will break down practice and shoot video for coaches during the season, as well as shoot basketball games and help put together year-end highlights.

Born in Newburgh, N.Y., in 1975, Castro graduated from Fredericksburg Christian High in 1993. He was married this past June to his new wife, Stacie, and they reside in Blacksburg. In his spare time, he enjoys playing softball, watching baseball and movies, along with traveling.
'From the blue waters of the Chesapeake Bay, to the hills of Tennessee, the Virginia Tech Hokies are on the air!' That familiar refrain — delivered by Bill Roth, the Voice of Virginia Tech football — opens every Tech sports broadcast and reflects the network’s goal of reaching Hokie fans everywhere. So, whether they’re sailing off Virginia’s eastern shore, hiking in the Blue Ridge Mountains, or sitting in their homes anywhere in the state, Tech fans know they’re always within range of a Tech network radio station.

With nearly 50 affiliated radio and television stations throughout the region, the Virginia Tech ISP Sports Network is the main communications link between Tech’s football program and the Hokies’ avid legion of fans. Once again this fall, Virginia Tech game broadcasts are being carried by more radio stations than any other college or professional team in the commonwealth of Virginia. This season marks the 47th consecutive year Tech football has been broadcast to a statewide audience.

Roth — Virginia’s three-time Sportscaster of the Year — is in his 13th season as the Voice of Virginia Tech football. A native of Pittsburgh, Pa., Roth graduated from Syracuse University in 1987 earning a degree in broadcast journalism. Roth was honored by the Associated Press, the New York State Broadcasters Association and won the distinguished Robert Costas Scholarship in 1986. Roth has been broadcast to a statewide audience. Roth was a starting tight end for the Hokies in the early 1970s and still holds the Tech record for receptions in a season with 46.

Burnop also has served as the analyst on Tech men’s basketball broadcasts for the past four years. Burnop owns and operates New River Office Supply stores throughout the region.

Together, Roth and Burnop comprise one of college football’s longest-running broadcasting teams, having described the action of every Virginia Tech game dating back to the 1988 season.

Tech game broadcasts and other network programs are available to fans anywhere in the world via Tech’s official web site (hokiesports.com) and through TEAMLINE, a pay-to-listen telephone service. (1-800-846-4700, team code 5453). Again this season, several Tech network programs will be aired on Armed Forces Radio, to U.S. Military personnel and their dependents throughout the world.

Virginia Tech ISP Sports Network Gameday Schedule

The network’s six hours of uninterrupted radio coverage begins 90 minutes prior to kickoff with Virginia Tech Gameday featuring Tech’s coordinators Rickey Bustle and Bud Foster and Athletics Director Jim Weaver.

Hokies’ Countdown

The perfect tailgating companion, the Hokies’ Countdown clock begins 60 minutes before kickoff with a complete preview of the game, interviews with both Tech coach Frank Beamer and the opposing head coach, The BIG EAST Report, late-breaking news and features.

The Game Broadcast

TOUCHDOWN TECH!!! Bill Roth and Mike Burnop fill the airwaves with their unique blend of excitement and wit. The two have called every Tech football game since the late 1980s.

The Point-After

Perhaps the network’s most popular show, The Point After is a fast-paced, 90-minute postgame show which features locker room interviews, score reports from around the country, game highlights and listener telephone calls.
ISP Sports, a Winston-Salem, N.C.-based company, is in its sixth year as exclusive worldwide multi-media and advertising rights holder for Virginia Tech athletics.

ISP Sports develops, produces and sells an extensive range of sports marketing opportunities for Tech athletics. These include Tech’s radio and television networks, Lane Stadium and Cassell Coliseum venue advertising and internet advertising.

Founded in April of 1992 by its president and CEO Ben Sutton, Jr., ISP Sports is the nation’s fastest-growing sports marketing agency. In addition to Virginia Tech, ISP Sports is also the exclusive worldwide rights holders for the following Division I athletics programs:

University of Alabama, Georgia Tech, University of Missouri, Wake Forest University, University of Cincinnati, Vanderbilt University, Marshall University, Southern Mississippi and Syracuse University.

During its first five successful years at Virginia Tech, ISP Sports has developed the Virginia Tech ISP Sports Network into the largest collegiate sports radio network in Virginia. Broadcast coverage includes the Commonwealth of Virginia, and portions of Maryland, Tennessee, Kentucky, West Virginia and Delaware. In addition to the live network broadcasts of all Virginia Tech football and men’s basketball games, ISP Sports produces the Hokie Hotline, a weekly 90-minute call-in show featuring Tech coach Frank Beamer and his assistants. ISP Sports also produces regional coverage of every Virginia Tech’s women’s basketball game.

ISP Sports also produces Virginia Tech Sports Today, a weekly television magazine show aired on a network of stations throughout the region. It features an action-packed, highlight-driven format. From superior production, animation and videography, Virginia Tech Sports Today has the look and feel of a national sports telecast. The program airs from late August until mid-March each year.

Other advertising and marketing opportunities represented by ISP Sports include football pregame hospitality events and print advertising in the football game programs, basketball roster cards and hokiesports.com—the newspaper.

The ISP Sports Virginia Tech Staff

- Steve Angelucci is in his sixth year as senior vice president and general manager where he manages the ISP Sports contract with Virginia Tech. His duties include sponsorship sales and development, office staff management and serving as the primary liaison with the Tech athletics department administration. Prior to joining ISP Sports, Angelucci served as an assistant athletic director for external affairs at Eastern Kentucky University where he was primarily responsible for athletic marketing, fundraising and promotions programs.

- Mike Wolfert is in his first year as associate property manager for Virginia Tech. He is responsible for business development and management assistance for all Virginia Tech business. Wolfert is a graduate of Indiana University and holds a master’s in sports administration from Ohio University.

- Chris Ferris is in his ninth year with ISP Sports and serves as the network’s director of radio production. Ferris’ responsibilities include engineering, game day technical operations, programming and production. Ferris is a 1987 graduate of the University of North Carolina.

- Jamie Frye is in her fourth year as the radio and television network manager. Frye’s responsibilities include affiliate relations for the more than 200 radio and television stations which make up the ISP Sports Networks. Frye is a graduate of UNC Greensboro.

- Kate Whitaker, the marketing assistant for ISP, is primarily responsible for the organization and implementation of all Virginia Tech venue signage, client service support and the development of proposals. Kate is a 1999 graduate of Northwestern University.

ISP’s Virginia Tech Staff: (l to r) Steve Angelucci, Mike Wolfert, Kate Whitaker, Bill Roth, Mike Burnop and Jamie Frye.
Imagine a Virginia Tech athletic event taking place every day of the year with more than 6,000 fans in attendance … some may think this is a fantasy … but … it’s a daily reality at hokiesports.com. Whether you are a fan or a part of the media that covers the Virginia Tech Hokies, hokiesports.com is your online source for fast, accurate coverage of all Hokie sports teams and events.

The site receives almost 6,000 user sessions, 20,972 page views and 93,155 hits per day. Since the athletics department launched the new in-house site on Nov. 29, 1999, hokiesports.com has provided news releases, images, movies and in-depth stories for thousands of Hokie fans around the world.

hokiesports.com, the gateway to all of the official Virginia Tech Athletics sites, is made up of four separate sites consisting of hokiesportinfo.com, hokievision.com, hokietickets.com and hokiepages.com.

hokiesportinfo.com is the source for all Hokie sports information on the web. Also included on this site are feature stories by guest writers as well as the entire Tech sports information staff.

Media guides, including player profiles, breaking news, schedules and archived releases can be found on each individual sports’ home page.

Detailed information about joining the Hokie Kids’ Club, e-mail lists and other great Hokie groups can be accessed. Former student-athletes can join the Monogram Club online and keep in touch with their friends and teammates.

With fast “livestats,” Hokie home football, men’s and women’s basketball are updated live on the web as the game is being played. Live images are also readily available.

hokievision.com has great video that you can’t find anywhere else on the web. Player and coach’s interviews, one-of-a-kind video coverage of events, games and anything else associated with the Hokie sports program.

hokietickets.com is an informational site with links and updates about Hokie athletic tickets. It provides the user with information about season and individual event tickets.

hokiepages.com will be launched in the near future, providing the user with listings for every kind of business and individual service. These companies provide visitors with direct links and information about their products and services.

The web site is designed and produced by Peg Morse, site manager, and Damian Salas, webmaster, along with student interns and workers who assist with website development and video production.

Morse, Tech’s director of internet services, has served in the athletics department since 1985 in the area of promotions and marketing until her present position was created in 1999. Salas created the first in-house web site and maintained it from 1995-98.

Through the efforts of the sports information department, pregame releases, game stories, individual features as well as up-to-date stats and results for all 21 athletic teams are posted to the site, providing the fastest most complete source for Hokie news on the web.

January 4-5, 2000 … The Hokies’ football team was in New Orleans playing for the national championship … In 48 hours time, more than 25,000 user sessions were initiated.
The great run of success that Virginia Tech has enjoyed in recent years has been accompanied by many improvements throughout the Athletics Department. This year, the Hokies' official newspaper will undergo some changes as well.

The publication that was formerly called The Hokie Huddler will now be known as hokiesports.com—the newspaper. The new title reflects changes in the paper and in how the Athletics Department is keeping up with technology in disseminating information about its sports programs.

Starting this fall, the publication will be available via the internet as well as by traditional mail service. This will make it easier for people living far away from Blacksburg to secure up-to-date information about the Hokies in a more timely manner.

“We're going to be updating our web page frequently and doing some special features with it,” editor Jimmy Robertson said. “We want to be the source for Tech athletics and we feel we're in the position to be the source since we have unlimited access to the people who make things happen in regards to Virginia Tech athletics.

“Basically, we want to serve the fans and provide them with accurate information. The internet provides us, as a staff, a great opportunity to do that.”

In the past six years, subscriptions to the publication have soared as Tech fans everywhere clamor to read about the success of Tech athletics and to read current information on what’s happening within the athletic department. In fact, in the few months after the national championship game, there were more than 500 new subscribers to the newspaper.

What exactly is hokiesports.com—the newspaper? It's a colorful publication that is printed 33 times a year — weekly during football and basketball seasons and bi-monthly during the spring. The newspaper consists of the ever-popular “Insider” section, which is a page of short blurbs of interesting “inside” information — things you won't get anywhere else. With hokiesports.com—the newspaper being owned by the athletics department, it allows writers to be closer to coaches and players to get that inside information. Most sports publications of this kind are independent of their school’s athletic departments.

hokiesports.com—the newspaper also consists of columns by Robertson and Bill Roth, the Voice of the Hokies, and assistant editor Neal Richards. Robertson focuses more on Tech, while Roth devotes a little more attention to BIG EAST news. Richards handles the layout and design and also writes features and covers women's basketball.

There is also, of course, game information primarily on football, men's and women's basketball and baseball. Fans can get the depth chart (during the football season), features on players, statistics and standings, notes and quotes and recruiting profiles on football and men’s and women’s basketball recruits along with information on recruits in other sports as well.

“We basically try to provide information that our subscribers want,” said Robertson, who is in his fifth season at the helm of the newspaper. “We view this publication as theirs and we want to give them what they want and keep them informed on what’s happening with Tech athletics.”

hokiesports.com—the newspaper’s predecessor, The Hokie Huddler, came about in 1984 when then Tech head football coach and athletics director Bill Dooley wanted an in-house publication to primarily cover football.

Doug Waters served as the first editor in 1984-85 and then Chris Colston handled the duties for the next 11 years. When Colston resigned in 1996 to take a job with Baseball Weekly, he left the job in the hands of Robertson, who is in his fifth year as the editor.

Since then, Tech has gone to bowl games every year and played for the national championship. The Hokies also have a legitimate Heisman Trophy candidate in Michael Vick. And with Tech’s entrance into the BIG EAST for all sports, the entire program has a bright future — which means the sky is the limit for hokiesports.com—the newspaper.

For the printed version, a one-year subscription costs $37.95, while a two-year subscription costs $69.95. For an additional $12 per year, fans who subscribe to the print version can access the on-line version. Or, for $25 annually, fans who don’t subscribe to the print version can view the entire newspaper via the internet.

For additional subscription information, call the hokiesports.com—the newspaper office at (540) 231-3908.

Jimmy Robertson
Editor of hokiesports.com— the newspaper

Jimmy Robertson is entering his fifth season as the editor of the Hokies’ in-house publication. He came to Tech after spending nearly two years as a copy editor in the sports department of The Roanoke Times, in Roanoke, Va.

A native of Roanoke, Robertson graduated from Roanoke College in Salem, Va., in 1994 with a degree in English. While in college, he worked part-time for The Roanoke Times, covering various high school athletic events and also local auto racing. It was during this time that Robertson developed an interest in sports journalism and secured a job at the newspaper shortly after graduating from college.

Born in Roanoke in 1972, Robertson graduated from Craig County [Va.] High in 1990. This past June, he married the former Deanna Moore of Roanoke and they currently reside in Blacksburg. In his spare time, he enjoys playing golf, traveling and watching baseball and racing.
With a significant increase in new and renewed memberships, along with higher contribution levels being realized over the last several years, the Virginia Tech Athletic Fund has become one of the nation’s strongest athletic support organizations.

The Hokie Club at Virginia Tech provides funding for athletic scholarships, capital improvements and athletic programming. Gifts to the club can be made either in outright forms (cash, securities, real estate, memorial or tributes, gifts in kind or through a corporate matching program) or can be a planned or deferred gift (will, living trust, life income, retirement plans, retained plans, life insurance, charitable lead trusts).

The hard work of the entire staff has reaped rewards, breaking records in both membership and accumulated revenue over the last several years. Currently, revenue from the fund has passed the $9 million mark and the total membership has exceeded 12,000 members.

“The undefeated season and the fine showing in the Sugar Bowl have really motivated our fans to upgrade their giving level, while thousands of new Hokies have signed up,” said Lu Merritt, Tech’s director of development for intercollegiate athletics. “Our fans realize that during his undergraduate days, he still competes in state and regional tournaments and is a certified USTA official.

John Moody, associate director, serves the North Carolina area and focuses on major gift fundraising and special projects. A former football player at Tech, Moody has worked in the Hokie Club office for 28 years.

David Everett returns to the VTAF as the director of major gifts. A member of the Hokies’ 1986 Peach Bowl team, Everett previously served as the director of development for the Pamplin College of Business. He currently serves the Richmond, Lynchburg and Staunton areas, while developing major gift prospects throughout the region.

Terry Bolt, also an associate director, serves the Tidewater and Southside areas of Virginia, South Carolina and Georgia, while overseeing planning and direction of the Annual Fund. In addition, she is responsible for the Orange and Maroon Tour, the annual Hokie Celebration and the Regional Hokie Club President’s meetings.

Trey McCoy, development manager, is in his first year on the staff. A former All-American baseball player at Tech, McCoy provides leadership to Hokie Clubs in Northern Virginia, Southwest Virginia and West Virginia. Prior to joining the VTAF staff, he served as senior development associate for programs in the office of university development.

Sharon Linkous and Christy Cress handle all aspects of gift entry and membership records. Diana Fain manages the budget process and produces all meeting notices for the Hokie Clubs. Jane Broadwater serves as executive secretary for the office. A former cheerleader, Broadwater is the daughter of Bill Buchanan and her siblings, Robby, Billy, Molly and Toddy all attended Virginia Tech. Johnnie Hoehn works part time in the office and brings over 10 years of experience to the team.

Graduating seniors are offered a discounted membership in the Hokie Club, as well as half-priced season tickets to football and basketball games, a half-priced subscription to hokiesports.com—the newspaper and a Hokie brick. Since its inception, over 3,000 young Hokie alums have been attracted to the program.

The Athletic Fund is proud of its volunteers who help ensure that 58 Hokie Clubs throughout Virginia, West Virginia, Maryland, North and South Carolina, Delaware, New Jersey, Georgia, Pennsylvania and Tennessee continue in their active efforts to support and promote athletics at Virginia Tech. Along with bus trips, game watching parties and other social events, Tech grads and friends gather to cheer on the Hokies.

Floyd Merryman of Rustburg, Va., is the current president of the Athletic Fund, and Bill Stover of Fairfax, Va., is the vice-president.
The Monogram Club
Proud Tech Organization Enjoying Resurgence

The Monogram Club was created as a social organization comprised of graduated athletes who earned one or more monograms (letters) in any varsity sport at Virginia Tech. All former coaches are designated as honorary members.

Once the student-athlete’s career is completed, their participation doesn’t have to end. The Club is an avenue where they can remain an active member of their sport and with the entire athletics department.

The Club focuses on keeping an open line of communication between the athletic department and the former letterwinners. Each former letterwinner is given an open invitation to return to campus and not only support the current athletes in their individual sport but all the athletes within the entire athletics department.

Over the past 18 months, the Club has seen a resurgence of activity with a record number of growth within the organization’s membership. Terry Stock, a veteran coach and administrator for many years at Tech, oversaw the record growth of the program.

When Stock became the Monogram Club’s first full-time director in 1998, there were 220 active members. The Club saw a significant increase in his first year, adding 330 new members. This past year, another increase in growth was realized as 184 new members were added, raising the total number to 834 active members.

With Stock’s announced retirement in January, former Tech football player and administrator Derek Carter took over the reins of the club as its new director.

“I am delighted that Derek Carter is able to return to the Virginia Tech Athletics Department,” said Jim Weaver, Tech director of athletics. “Derek is a first-class individual who will do an outstanding job in carrying on the revitalization of our Monogram Club.”

“I am excited about returning to Virginia Tech as the director of the Monogram Club,” Carter said. “Terry has done a great job re-energizing the club over the last two years. I am looking forward to the opportunity of continuing the expansion of the Club with the hopes of increased participation from all sports within the Tech community.”

When the club was formed, it was under the leadership of the Virginia Tech Athletic Fund, although the Monogram Club is not designed as a fund-raising organization. On April 17, 1999, a reorganizational meeting was held with the election of officers and a board of directors. Dick Arnold was named the president of the club. Some revisions were made to the original constitution, such as eliminating the word alumni from the name of the club.

A complimentary membership was instituted for recent graduates, allowing them a three-year membership into the club once their eligibility is up. In April 2000, 81 new seniors were added as complimentary members.

Membership dues are $25 per year with the membership year being from July 1 to June 30. A lifetime membership has been instituted with the amount set at $500. The Monogram Club has set a goal of 1,000 members by next year.

The club publishes a newsletter twice a year for its members, once in January and again in June. The newsletter consists of information about upcoming activities of the club, articles from coaches which recap each team’s season, and letters from Weaver, Carter and Arnold to the membership.

Derek Carter
Director of the Monogram Club

Derek Carter, a former player and administrator at Tech, returns to Blacksburg as the director of the Monogram Club. He replaces Terry Stock, a veteran Tech coach and administrator, who retired in January. Carter returns for his fourth stop at Tech after serving as the director of athletics at Patrick Henry High School in Ashland, Va., for the past two years.

He was a four-year letterwinner on Tech football teams from 1981-84. He spent his first season as a wingback before starting in the Hokies’ defensive secondary his final three years. Carter earned his undergraduate degree from Tech in 1985.

He spent three years as an account representative for Xerox Corporation in Washington, D.C., before returning to Tech in 1988, as a graduate assistant football coach. In 1989, Carter moved to Knoxville, Tenn., and earned his master’s degree in sport management from the University of Tennessee. He stayed at UT from 1991-94, serving as an assistant director in the office of student life.

Carter came back to Blacksburg in 1994, spending four years on the Tech staff as an assistant athletic director in the areas of administration, compliance and student life. He assumed the director of athletics position at Patrick Henry in 1998. A native of Washington, D.C., Carter and his wife, Karen, reside in the Blacksburg area.
Compliance with NCAA rules is a never-ending process that requires diligence on the part of both the Department of Athletics and Virginia Tech as a whole. Below is a brief summary of the basic issues that you may be faced with as a prospective student-athlete.

1. You become a prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.

2. A "representative of an institution’s athletics interests" (commonly referred to as a booster) is defined by the NCAA as anyone who:
   - Is now, or previously been, a member of any organization promoting the institution’s intercollegiate athletics program;
   - Has made a financial contribution to the athletics program or an athletics booster organization;
   - Has helped arrange any employment for a student-athlete;
   - Has been involved, in any way, in the promotion of the athletics program.

3. Please be aware that any former Virginia Tech student or former or current member of the Hokie Club is automatically considered a representative of Virginia Tech’s athletics interests (booster). According to NCAA rules, once an individual is identified as a booster, he/she retains that status forever.

4. You become a “recruited” prospective student-athlete at a particular college if any coach or booster solicits you or your family for the purpose of securing your enrollment and participation in intercollegiate athletics. Activities by coaches or boosters that trigger recruited status are:
   - Paying some or all of your expenses during a visit to campus (known as an “official” visit);
   - Arranging an in-person, off-campus encounter with you or your parent(s) or legal guardian;
   - Initiating or arranging a telephone contact with you, your family or guardian on more than one occasion for the purpose of recruitment.

5. A booster may not solicit your enrollment in any manner (no phone calls, letters or in-person encounters).

### NCAA Position on Gambling

The NCAA opposes all forms of legal and illegal sports wagering. Sports wagering has the potential to undermine the integrity of sports contests and jeopardizes the welfare of student athletes and the intercollegiate athletics community. Sports wagering demeans the competition and competitors alike by a message that is contrary to the purposes and meaning of “sport.” Sports competition should be appreciated for the inherent benefits related to participation of student-athletes, coaches and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

For these reasons, the NCAA membership has adopted specific rules prohibiting athletics department staff members and student-athletes from engaging in gambling activities as they relate to intercollegiate or professional sporting events. The NCAA Position on Gambling was approved by the NCAA Administrative Committee on March 19, 1997.

6. You (or your family) may not receive any benefit, inducement or arrangement such as cash, clothing, cars, improper expenses, transportation, gifts or loans to encourage you to sign a National Letter of Intent or to attend an NCAA school.

7. A “contact” is any face-to-face encounter between you or your parent(s) or legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting.

8. Phone calls to you from faculty members and coaches (but not boosters) are permitted beginning July 1 (Sept. 1 for football) after completion of your junior year. In addition, football coaches may call a prospect or the prospect’s family once during the month of May during the prospect’s junior year. A college coach or faculty member is limited to one telephone call per week to you (or your parents or legal guardians). Unlimited calls to you (or your parents or legal guardians) may be made under the following circumstances:
   - During the five days immediately before your official visit by the university you will be visiting;
   - On the day of a coach’s off-campus contact with you;
   - During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after the signing date; and
   - In the sport of football only, during the permissible off-campus contact periods and during the 48 hours prior to and 24 hours after 5 a.m. on the initial signing date for the National Letter of Intent. Coaches also may accept collect calls, and universities are permitted to utilize a toll-free number to receive telephone calls from you (or your parents or legal guardians) on or after July 1 after completion of your junior year.

9. Letters to you from coaches and faculty members (but not boosters) are permitted beginning Sept. 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:
   - General correspondence, including letters, U.S. Postal Service postcards and institutional note cards;
   - Game programs which may not include posters and one Student-Athlete Handbook;
   - NCAA educational information;
   - Pre-enrollment information subsequent to signing a National Letter of Intent with the university;
   - One athletic publication (media guide or recruiting brochure);
   - Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students;
   - Schedule and business cards;
   - Questionnaires which may be provided prior to your junior year; and
   - Camp brochures which may be provided prior to your junior year.

10. An “evaluation” is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

This page was developed as a quick-reference guide to provide a basic understanding of NCAA rules. It is not all-inclusive, but rather a tool to help you avoid inadvertent involvement in a violation of NCAA legislation. We encourage you to always Ask Before You Act. Please contact the Virginia Tech Compliance Office if you have any questions at (540) 231-2937 or (540) 231-5497.