

# 2009-2010 Virginia Tech Swimming & Diving

**FRIDAY, NOV. 6 • KENTUCKY • 3 PM | SATURDAY, NOV. 7 • DUKE & MIAMI (WOMEN) • 12 PM  
WAR MEMORIAL POOL • BLACKSBURG, VA.**

## 2009-10 Schedule/Results (Men: 2-2, 0-2 ACC)

Date	Opponent	Time/Result
10/17	@ UNC* w/ USC	L, 128-172/W, 202-98
10/21	<b>VIRGINIA*</b>	<b>L, 123-177</b>
10/31	<b>PENN STATE</b>	<b>W, 184-116</b>
11/6	<b>KENTUCKY</b>	<b>3 PM</b>
11/7	<b>DUKE*</b>	<b>12 PM</b>
11/19-21	@ Volunteer Invitational (Knoxville, Tenn.)	All Day
1/16	<b>DAVIDSON</b>	<b>1 PM</b>
1/23	@ Georgia Tech* w/ Florida State*	12 PM
1/30	@ West Virginia	12 PM
2/24-2/27	@ Men's ACC Championships (Chapel Hill, N.C.)	All Day
3/12-3/14	NCAA Zone Diving Championships (New Brunswick, N.J.)	All Day
3/25-3/27	@ Men's NCAA Championships (Columbus, Ohio)	All Day

Home Meets in Bold and Caps  
\* Denotes ACC Competition

## 2009-10 Schedule/Results (Women: 2-2, 0-2 ACC)

Date	Opponent	Time/Result
10/17	@ UNC* w/ USC	L, 118-182/ W, 210.5-89.5
10/21	<b>VIRGINIA*</b>	<b>L, 120-180</b>
10/31	<b>PENN STATE</b>	<b>W, 160-140</b>
11/6	<b>KENTUCKY</b>	<b>3 PM</b>
11/7	<b>DUKE* w/ MIAMI*</b>	<b>12 PM</b>
11/19-21	@ Volunteer Invitational (Knoxville, Tenn.)	All Day
1/16	<b>DAVIDSON</b>	<b>1 PM</b>
1/23	@ Georgia Tech* w/ Florida State*	12 PM
1/30	@ West Virginia	12 PM
2/17-2/20	@ Women's ACC Championships (Chapel Hill, N.C.)	All Day
3/12-3/14	NCAA Zone Diving Championships (New Brunswick, N.J.)	All Day
3/18-3/20	@ Women's NCAA Championships (West Lafayette, Ind.)	All Day

Home Meets in Bold and Caps  
\* Denotes ACC Competition

The Virginia Tech H<sub>2</sub>Ogies will welcome two conference opponents to Blacksburg this weeked in Duke and Miami. Tech will first take on Kentucky on Friday, and the women will challenge Duke and Miami on Saturday.

The men will just take on Duke.

### Last Time Out:

- After a pair of victories over the Big Ten's Nittany Lions last weekend, both H<sub>2</sub>Ogie teams now sit at 1-1 at their home War Memorial Pool. The men defeated Penn State 184-116, while the women earned a 160-140 win on Halloween. Both teams combined to earn 17 first-place performances, as 11 different individuals contributed top finishes.
- For the second-straight week, Tech's divers swept both teams in the one- and three-meter events. Mikey McDonald took both titles for the men, setting a new pool record in the one-meter event, scoring 394.28 points and breaking his own previous record. McDonald took first with 427.65 points in the three-meter. Freshman Carissa Santora had a stellar day for the women, taking first in the one-meter with 278.10 points, and adding a second-place effort in the three-meter event. Natalie West took first in the three-meter with 305.10 points.
- Bryan Uncur led the men with two top finishes in the 200 free and 500 free. Erika Hajnal broke her own pool record in the women's 500 free, earning an individual title with a time of 4:51.25. Hajnal also took first in the women's 1000 freestyle, and Emily Ferguson added victories in the 50 and 100 sprint freestyle events.

### Scouting Kentucky

- The H<sub>2</sub>Ogie men and women have each seen Kentucky once, as both teams earned a victory in 2007 at War Memorial Pool. The Tech women defeated the then-18th ranked Wildcats, 167.5-132.5, and the men earned a 167-133 victory. The meet was the most impressive dual meet sweep of the year for the H<sub>2</sub>Ogies, as the women took 1-2-3 in six different events, while earning victories in eight events and posting 10 second-place finishes. The men also compiled 10 victories and six second-place results.
- The Wildcat women are coming off victories over South Carolina and Tennessee. The Kentucky men have earned one win over SIU and the University of the Cumberlands, having fallen to South Carolina and Tennessee.
- Last year, the Wildcat men placed 17th at the NCAA Championships and return 20 letterwinners and six All-Americans.

### Scouting Duke

- The Tech men boast a 4-3 record against the Blue Devils all-time, while the H<sub>2</sub>Ogie women are 2-5. Last year, the Duke men took seventh at the ACC Championships, while the women finished sixth. The Duke women took 33rd at the NCAA Championships, scoring 14 points, just ahead of the H<sub>2</sub>Ogie women, who finished 34th with 13.5 points.
- Both programs are coming off signature wins on Oct. 30th, as the Blue Devil men defeated a Georgia Tech team that finished 19th in the nation last season, while the women added victories over Houston, who finished 17th in the nation last year, and Georgia Tech.
- The Duke men are 3-1 on the season, having posted wins over UNC Wilmington, Maryland and Georgia Tech, with a loss to N.C. State. The Duke women have posted wins over UNC Wilmington, Houston and Georgia Tech, and lost to Maryland and N.C. State.

### Scouting Miami

- The H<sub>2</sub>Ogie women defeated the Miami women, 186-112, in their only meeting back in 2004.
- Miami finished eighth at the ACC Championships last season, scoring 219 points, and 24th at the NCAA Championships with 25 points.
- The Hurricanes are winless on the season, having faced Clemson, Georgia Tech, Western Kentucky, Florida Gulf Coast and Florida State. They most recently lost to Florida Gulf Coast and Florida State in a tri-meet on Oct. 17. Since then, they have had three weeks off to prepare for Saturday's action against Duke and Virginia Tech.

**Head Coach, Ned Skinner**

**Personal**

**Full name:** Ned Thomas Skinner  
**Birth Date:** May 3, 1966  
**Hometown:** Worthington, Ohio

**Education**

**High School:** Worthington, 1984  
**College:** Louisiana State, 1989  
**Graduate:** Ohio University, 1990  
**PhD:** Virginia Tech, 2004

**Coaching Experience**

**1998-** Head Coach, Virginia Tech  
**1994-98** Head Coach, William & Mary  
**1990-94** Head Coach, Central Conn.

**Records**

**Overall:** 251-176-2 (19 years)  
**Virginia Tech:** 164-76 (11 years)  
**Women:** 92-30; **Men:** 72-46

**Highlights**

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (William & Mary)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)
- 16 ACC Individual Champions
- 8 Olympic Trial Participants
- 11 International National Champions
- 13 All-American Honorable Mention Individual Selections
- 7 All-America Individual Selections
- 4 ACC Relay Championships
- 4 All-American Honorable Mention Relay Selections
- 5 Academic All-America Selections
- 2 ACC Swimmers of the Year
- 1 ACC Freshman of the Year
- 2 ACC Scholar-Athletes of the Year
- 2 University Games participants
- 1 Mediterranean Games participant
- 1 Olympian

**Associate Head Coach:**

Braden Holloway, 6th season

**Head Diving Coach:**

Ron Piemonte, 4th season

**Assistant Coaches:**

Joey Peterson, Danielle Quarry

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Name	Event	Ht.	Cl.	Exp.	Hometown
Matt Baumler	Fly/Back/Sprint	6-4	So.	1L	Williamsburg, Va.
Karl Botha	Fly/Free	5-11	Fr.	HS	Ashford, Great Britain
Trevor Carr	Free	6-1	Fr.	HS	Woodford, Va.
Nevin Cook	Breast/IM	5-10	So.	1L	Catlett, Va.
Daniel Flynn	Back/Breast/IM	6-1	So.	1L	North Wildwood, N.J.
Ryne Francis	Back/IM	6-2	Jr.	2L	Gilbertsville, Pa.
Caglar Gokbulut	Distance Free	6-0	So.	1L	Istanbul, Turkey
Michael Hallock	Back/Free	6-2	Fr.	HS	Oak Hill, Va.
Scott Harkins	Free/IM/Breast	5-11	Sr.	3L	Williamsburg, Va.
Stephen Hawkins	Sprint/Fly/Back	6-3	Jr.	2L	Forest, Va.
Charlie Higgins	Free/Back/Fly	6-0	So.	1L	Weddington, N.C.
Chip Hughes	Free	6-2	Sr.	3L	Greer, S.C.
Jonathan Huss	Breast	6-1	Sr.	3L	Midlothian, Va.
Philip LaRosa	Distance Free/IM	5-10	So.	1L	Manassas, Va.
Alex Lutterbein	Distance Free/IM	6-2	Fr.	HS	Manakin-Sabot, Va.
Griffin Lutterbein	Distance Free	6-3	Sr.	3L	Manakin-Sabot, Va.
Gregory Mahon	Fly/IM	6-0	Fr.	HS	Medford, N.J.
Daniel Martin	Diver	5-10	Jr.	2L	Fairfax, Va.
*Mikey McDonald	Diver	5-6	Sr.	3L	Annandale, Va.
Greg Morgan	Sprint Free	5-11	So.	1L	Greer, S.C.
Ben Munster	Distance Free	6-1	Fr.	HS	College Station, Texas
Zach Patteson	Diver	5-9	Fr.	HS	Fairfax, Va.
Andrew Rogers	Back/Fly/Free	6-3	Sr.	3L	Scarborough, Maine
Tom Sheranek	Back/IM	6-7	Fr.	HS	Richmond, Va.
Logan Shinholser	Diver	5-8	Fr.	HS	Burtonsville, Md.
Adam Skipper	Free/Breast/IM	6-5	Fr.	HS	Yorktown, Va.
Trey Stewart	Back/Free	6-1	Jr.	2L	Luling, La.
Blake Trabuchi-Downey	Distance Free/Fly	5-10	So.	1L	Vineland, N.J.
Richard Ulatowski	Sprint Free	6-4	Jr.	2L	Hamden, Conn.
Bryan Uncur	Free	6-5	So.	1L	Chesapeake, Va.
Mason Wilcox	Fly/Breast	6-0	Fr.	HS	Newport News, Va.

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Name	Event	Ht.	Cl.	Exp.	Hometown
Morgan Allen	Sprint Free	5-7	Jr.	2L	Charlotte, N.C.
Sarah Ameen	Sprint Free/Back	5-8	Sr.	3L	Manassas, Va.
Sarah Ault	Free/Back	5-11	Fr.	HS	Lancaster, Pa.
Paige Ayres	Breast/IM	5-10	So.	1L	Knoxville, Tenn.
Abby Barney	Fly/IM	5-6	Sr.	3L	Virginia Beach, Va.
Julia Bradford	Diver	5-2	Sr.	3L	Mansfield, Mass.
Addie Carne	Free/Fly/IM	5-3	Fr.	HS	Simpsonville, S.C.
Kelly deMarrais	Free/Back	6-0	Sr.	3L	Bernardsville, N.J.
Steffi Drechsel	Sprint Free/Back	5-9	Jr.	2L	Leipzig, Germany
Jessica Earl	Breast	5-6	Sr.	3L	Marietta, Ga.
Emily Ferguson	Sprint Free	6-0	So.	1L	Clifton, Va.
Becky Flora	Free	6-3	Fr.	HS	Reistertown, Md.
Kaleigh Gomes	Sprint Free/Fly	5-10	Jr.	2L	Charlotte, N.C.
Lauren Haley	Back	5-8	Jr.	2L	Hopewell, Va.
Erika Hajnal	Free/IM/Fly	5-8	So.	1L	Budapest, Hungary
Meaghan Holloway	Fly/Breast/IM	5-9	Fr.	HS	Yorktown, Va.
Jace Howanitz	Sprint/IM	5-7	So.	1L	Knoxville, Tenn.
Dana Kalnins	Fly/Back	5-4	Fr.	HS	Manassas, Va.
Sarah Losinger	Breast/IM	5-10	Jr.	2L	Marietta, Ga.
Sarah Milton	Diver	5-5	Jr.	2L	Plano, Texas
Sara Mokhtari	Diver	5-2	Fr.	HS	Houston, Texas
Cara Murnan	Diver	5-2	So.	1L	Leesburg, Va.
Katie Priess	Breast/IM	5-11	So.	1L	Laguna Niguel, Calif.
Lauren Ritter	Distance Free/IM	5-10	Jr.	2L	Sterling, Va.
Carissa Santora	Diver	5-5	Fr.	HS	Somers Point, N.J.
Andrea Sawchuk	Diver	5-4	So.	1L	Great Falls, Va.
Sara Shapiro	Back/Free	5-7	Sr.	3L	Franklin, Tenn.
Laura Simon	Distance Free/IM	5-6	Fr.	HS	Greenville, S.C.
Keri Sink	Breast/IM	5-5	Fr.	HS	Elgin, Ill.
Lindzi Smith	Free/Fly	5-10	Fr.	HS	Roswell, Ga.
Katie Steeves	Breast/Fly/IM	5-6	Fr.	HS	Newark, Del.
Alexandra Tomasky	Distance Free	5-7	So.	1L	Frederick, Md.
Natalie West	Diver	5-5	r-So.	1L	Fairfax, Va.
Emily Winland	Breast/IM	5-4	So.	1L	Ashburn, Va.

### Men's Season Top Times

Event	Meet	Date			
	<b>50 Freestyle</b>				<b>200 Breaststroke</b>
Karl Botha	21.13	10/17	Nevin Cook	2:07.10	10/17
Karl Botha	21.22	10/21	Jonathan Huss	2:07.22	10/17
Stephen Hawkins	21.22	10/17	Jonathan Huss	2:07.98	10/31
	<b>100 Freestyle</b>				<b>100 Butterfly</b>
Stephen Hawkins	46.74	10/31	Karl Botha	49.51^	10/17
Chip Hughes	46.89	10/17	Greg Mahon	50.50	10/17, 10/21
Greg Morgan	47.04	10/17	Karl Botha	50.58	10/21
	<b>200 Freestyle</b>				<b>200 Butterfly</b>
Bryan Uncu	1:40.43^	10/31	Matt Baumler	1:50.60	10/17
Bryan Uncur	1:41.20	10/17	Blake Trabuchi-Downey	1:50.77	10/17
Bryan Uncur	1:41.56	10/21	Matt Baumler	1:51.60^	10/31
	<b>500 Freestyle</b>				<b>200 Individual Medley</b>
Bryan Uncur	4:35.95	10/17	Matt Baumler	1:51.28	10/21
Bryan Uncur	4:37.38^	10/31	Trey Stewart	1:51.89	10/21
Blake Trabuchi-Downey	4:38.40	10/21	Blake Trabuchi-Downey	1:52.40	10/21
	<b>1000 Freestyle</b>				<b>400 Individual Medley</b>
Blake Trabuchi-Downey	9:26.44	10/17	Philip LaRosa	4:07.39	10/21
Philip LaRosa	9:26.99^	10/31	Tom Sheranek	4:12.99	10/21
Philip LaRosa	9:28.39	10/17	Daniel Flynn	4:13.79	10/21
	<b>1650 Freestyle</b>				<b>200 Medley Relay</b>
Philip LaRosa	16:09.36	10/21	Higgins, Huss, Mahon, Ulatowski	1:31.18^	10/31
Caglar Gokbulut	16:12.25	10/21	Higgins, Huss, Botha, Ulatowski	1:31.46^	10/17, 10/21
Griffin Lutterbein	16:18.33	10/21			
	<b>100 Backstroke</b>				<b>400 Freestyle Relay</b>
Stephen Hawkins	50.36^	10/17	Morgan, Hughes, Uncur, Hawkins	3:05.04	10/31
Charlie Higgins	50.41	10/17	Hughes, Botha, Hawkins, Uncur	3:06.60	10/17
Stephen Hawkins	50.43^	10/31			<b>800 Freestyle Relay</b>
	<b>200 Backstroke</b>				Uncur, Hughes, Morgan, Trabuchi-Downey
Ryne Francis	1:50.07^	10/17	Uncur, Hughes, Morgan, Trabuchi-Downey	6:58.95	10/21
Ryne Francis	1:51.45	10/31	Stewart, Hallock, Baumler, Francis	7:07.16	10/21
Charlie Higgins	1:52.84	10/17			<b>1-Meter Event</b>
	<b>100 Breaststroke</b>				Mikey McDonald
Jonathan Huss	56.17^	10/17	Mikey McDonald	394.28^#	10/31
Jonathan Huss	56.81^	10/21	Mikey McDonald	376.65^	10/21
Jonathan Huss	56.94^	10/31	Mikey McDonald	354.50^	10/17
					<b>3-Meter Event</b>
					Mikey McDonald
					Mikey McDonald
					Mikey McDonald

### Women's Season Top Times

Event	Meet	Date			
	<b>50 Freestyle</b>				<b>200 Breaststroke</b>
Emily Ferguson	23.59^	10/31	Keri Sink	2:21.11	10/17
Emily Ferguson	23.78	10/17, 10/21	Keri Sink	2:21.43	10/31
Kaleigh Gomes	23.89	10/17	Sarah Losinger	2:22.70	10/17
	<b>100 Freestyle</b>				<b>100 Butterfly</b>
Steffi Drechsel	51.55	10/17	Abby Barney	57.43	10/17
Emily Ferguson	51.58	10/17	Meaghan Holloway	57.52	10/17
Emily Ferguson	51.76^	10/31	Abby Barney	57.62	10/21
	<b>200 Freestyle</b>				<b>200 Butterfly</b>
Kelly deMarrais	1:49.85^	10/17	Erika Hajnal	2:01.60^	10/17
Kelly deMarrais	1:50.36^	10/31	Erika Hajnal	2:02.52	10/31
Kelly deMarrais	1:50.68	10/21	Meaghan Holloway	2:05.66	10/17
	<b>500 Freestyle</b>				<b>200 Individual Medley</b>
Erika Hajnal	4:51.25^#	10/31	Keri Sink	2:06.35	10/17
Erika Hajnal	4:53.56	10/17	Keri Sink	2:08.47	10/31
Lauren Ritter	4:55.42	10/31	Abby Barney	2:09.15	10/31
	<b>1000 Freestyle</b>				<b>400 Individual Medley</b>
Erika Hajnal	9:57.51^	10/17	Erika Hajnal	4:23.22^	10/21
Erika Hajnal	9:58.46	10/31	Laura Simon	4:32.94	10/21
Lauren Ritter	10:01.18	10/31	Keri Sink	4:33.78	10/21
	<b>1650 Freestyle</b>				<b>200 Medley Relay</b>
Erika Hajnal	16:41.20	10/21	Drechsel, Losinger, Barney, Ferguson	1:44.71	10/31
Lauren Ritter	17:02.27	10/21	Shapiro, Earl, Barney, Gomes	1:45.00	10/17
Alexandra Tomasky	17:10.30	10/21			
	<b>100 Backstroke</b>				<b>400 Freestyle Relay</b>
Steffi Drechsel	56.58	10/17	Drechsel, Howanitz, deMarrais, Ferguson	3:25.39^	10/31
Sara Shapiro	57.00	10/17	Drechsel, Ferguson, Gomes, deMarrais	3:25.77^	10/17
Steffi Drechsel	57.14	10/21			<b>800 Freestyle Relay</b>
	<b>200 Backstroke</b>				Shapiro, deMarrais, Carne, Ritter
Kelly deMarrais	2:02.67	10/17	Shapiro, deMarrais, Carne, Ritter	7:37.71^	10/21
Kelly deMarrais	2:03.21	10/31	Tomasky, Flora, Barney, Ferguson	7:46.83	10/21
Sara Shapiro	2:04.70	10/21			<b>1-Meter Event</b>
	<b>100 Breaststroke</b>				Sarah Milton
Keri Sink	1:05.29	10/17	Sarah Milton	282.75^	10/21
Jessica Earl	1:05.74	10/17	Sara Mokhtari	280.05	10/21
Keri Sink	1:05.79	10/21	Carissa Santora	278.10^	10/31
					<b>3-Meter Event</b>
					Natalie West
					Natalie West
					Natalie West

^ Denotes 1st-Place Finish # Denotes Pool Record

**Hokie Athletes of the Week:**

**Mikey McDonald**  
Oct. 26



**Bryan Uncur**  
Nov. 2

**Sprint Freestylist**

- Sophomore Emily Ferguson has become a sprint specialist for the H<sub>2</sub>Ogies after winning the 50 and 100 freestyle events against Penn State. Ferguson earned a victory in the 50 free in 23.59, marking her first title this season and a season-best time. She later added another first-place finish in the 100 free with a time of 51.76.
- The H<sub>2</sub>Ogies won each freestyle event against Penn State.

**H<sub>2</sub>Ogies Spook Nittany Lions**

- The H<sub>2</sub>Ogies collected 17 titles, including two pool records, en route to a pair of victories over the Big Ten's Nittany Lions on Halloween Day. The hard-earned wins were momentous for the program, as the Penn State women took third at the Big Ten Championships last season.
- Erika Hajnal and Mikey McDonald broke their own previous records to set new pool records at War Memorial Pool. Hajnal took first in the 500 free in a pool-record time of 4:51.25, which also marked a season-best time for the sophomore. McDonald won his fifth and sixth consecutive diving titles, and set a new pool record in the one-meter, earning 394.28 points.

**The Uncur-Dog**

- Sophomore Bryan Uncur is in the midst of a breakout season, after recording two wins over Penn State in the 200 and 500 freestyle events, en route to being named the Virginia Tech Athlete of the Week this week. Uncur now holds the season top times in both events for the Hokies.

**Fresh on the Board**

- Freshman Carissa Santora won the one-meter diving event and placed second in the three-meter dive in the Hokies' win over Big Ten foe Penn State. Her 278.10 score in the one-meter and her 288.90 score in the three-meter both qualified her for the NCAA Zone Qualifying Championships.

**ACC Bests**

- The H<sub>2</sub>Ogies have the top times in the conference in three events, including the 100 butterfly (Karl Botha, 49.51),

200 medley relay (1:31.18) and 500 freestyle (Erika Hajnal, 4:51.25).

**Straight From The Coaches:**

- "We look to carry our momentum from last weekend into some tough competitions this weekend. Kentucky, Duke and Miami all have well-coached, strong teams and this sequence of meets will help prepare us for the Tennessee Invitational." - **Head Coach Ned Skinner.**
- "As we get closer to our fall invitational, it is nice to have many opportunities to work on certain racing tactics, such as the implementation of race strategy. With Kentucky, Miami and Duke coming to visit, we will have multiple chances to continue to build on these tasks as well as race against quality programs." - **Associate Head Coach Braden Holloway.**
- "All three schools that we will face this weekend have extremely strong diving programs. Duke and Miami not only possess some of the strongest divers in the ACC, but some of the top divers in the entire NCAA. The VT diving squad is up for the challenge and it will be great to compete with these programs in our early part of the season." - **Head Diving Coach Ron Piemonte.**

**Three For Three**

- The H<sub>2</sub>Ogie men have been perfect in the 100 breaststroke, 100 backstroke, 200 medley relay, one-meter and three-meter events, earning first-place finishes in each of the three meets so far. The women have been perfect in the 1000 freestyle and 400 free relay events, earning top finishes in the two meets that featured both events. Kelly deMarrais has earned two top finishes in the 200 free.

**Hajnal Captures First ACC Swimmer Of The Week Honors**

- Sophomore Erika Hajnal captured the league's first Women's Swimmer of the Week award on Oct. 27, posting a first-place finish in the 400 IM (4:23.22) and a second-place finish in the 1650 free (16:41.20) against Virginia. Her finish in the 400 IM marks the second-best time in the league this season and is the fastest time for a H<sub>2</sub>Ogie swimmer at War Memorial Pool.

**Senior Leadership**

- Senior breaststroker Jonathan Huss has been automatic for the H<sub>2</sub>Ogies so far, recording three first-place finishes in the 100 breast this season, one in each of Tech's three meets. His best finish was against North Carolina and South Carolina, earning the title in 56.17. He has also helped Tech's 200 medley relay earn three top finishes, most recently, recording a season-best time of 1:31.18 over Penn State.

**Good To Be Home**

- This marks the third consecutive home meet of the

season for the H<sub>2</sub>Okies at their home, War Memorial Pool. Last year, both the men's and women's Tech teams finished 5-0 at their home facility, with wins over NC State, West Virginia, Clemson, Georgia Tech and UNC Wilmington. This year, both teams are 1-1, with losses to Virginia and victories over Penn State.

**NCAA Zone Qualifiers**

- Sarah Milton, Sara Mokhtari, Carissa Santora and Natalie West have all hit their NCAA Zone qualifying marks on the women's side. For the men, Mikey McDonald, Daniel Martin and Logan Shinholser have also qualified.

**H<sub>2</sub>Okies Sweep Diving Events Against Penn State & Virginia**

- The Tech men and women swept the diving events for the second-straight week at War Memorial Pool, after earning victories in both events against Penn State. Carissa Santora took first in the one-meter, leading a Tech effort that finished in the top-four spots, while Natalie West earned the title in the three-meter. The women earned the top-six spots in the three-meter. Mikey McDonald took first for the men in both events, as the H<sub>2</sub>Okie men finished in the top four in both events.
- The H<sub>2</sub>Okies also won both the one- and three-meter diving events over the rival Cavaliers. McDonald earned titles in both events, scoring 392.40 points in the three-meter and 376.65 points in the one-meter. Freshman Logan Shinholser added two second-place performances. On the women's side, the H<sub>2</sub>Okies placed 1-2-3 in the one-meter (Sarah Milton, Sara Mokhtari, Carissa Santora), while Natalie West took first in the three-meter with a school-record performance, scoring 322.50 points.

**Team Titles**

- Tech has posted 35 first-place finishes on the season, including six relay titles.

**New Records**

- 13 new records have been set at War Memorial Pool this season. The H<sub>2</sub>Okies set two last weekend against Penn State, while 11 new records were broken during the Virginia meet.

**Backwards Domination**

- The H<sub>2</sub>Okies dominated the 100 backstroke events against North Carolina and South Carolina in their opening meet. The men claimed the top three spots, while the women saw a second- and third-place finish. Stephen Hawkins, Charlie Higgins and Ryne Francis took first, second and third, respectively, all finishing within four-tenths of a second from one another. Hawkins' recorded the winning time in 50.36, marking a career-best for the junior. Steffi Drechsel and Sara Shapiro took second and third, respectively, for the women. Francis also claimed a victory in the

**Quick Facts**

<b>Location</b>	Blacksburg, Va.
<b>Founded</b>	1872
<b>Enrollment</b>	30,000
<b>Colors</b>	Chicago maroon and burnt orange
<b>Nickname</b>	Hokies
<b>Conference</b>	Atlantic Coast

**Team Info.**

<b>2008-09 Record Men</b>	(7-1, 4-1 ACC)
<b>2008-09 Record Women</b>	(6-1, 3-1 ACC)
<b>Men Letterwinners Returning/Lost</b>	27/4
<b>Women Letterwinners Returning/Lost</b>	23/6
<b>Facilities</b>	War Memorial Pool, Christiansburg Aquatic Center
<b>Team Website</b>	www.hokiesports.com/swimming/

**Coaching Staff**

<b>Head Coach</b>	Ned Skinner (LSU, '89)
<b>Skinner's Record at Tech</b>	162-76 (11 years)
<b>Associate Head</b>	Braden Holloway (NC State, '01)
<b>Head Diving Coach</b>	Ron Piemonte (ASU, '86)
<b>Assistant Coaches</b>	Joey Peterson Danielle Quarry
<b>Volunteer Assistant Coaches</b>	Danny White Tom Williams

200 back.

- Higgins and Hawkins also led the H<sub>2</sub>Okies with first- and second-place finishes, respectively, in the 100 back against Virginia. Against Penn State, it was Hawkins who took first in the 100 back, followed by Higgins.

**New Faces And New Talent**

- The H<sub>2</sub>Okies welcome a total of 22 freshmen, with the men and women evenly split, to the 2009-2010 squad. The freshmen hail from nine different states, including one athlete from Great Britain.
- The 2009-2010 class was recognized by CollegeSwimming.com as one of the nation's top-20 recruiting classes. For the second-straight year, the men's class ranked 20th nationally, while the women's class ranked 14th in the country. This year marked the first time that both programs have had top-20 recruiting classes in the same year.
- The Hokies said goodbye to nine seniors last year, but welcome back 42 returners.

**Summer Competition**

- Sophomore Erika Hajnal, who shattered school records in the 500, 1000, 1650 free and 400 IM last year, challenged herself this summer in the 25th Universidad World University Games in Serbia. She competed in the 400 freestyle (22nd), 800 freestyle (14th), 1500 freestyle (9th), 400 IM (11th) and 200 butterfly (5th).
- Former Hokie and 2008 Olympian, Kaan Tayla, also competed in the World Championships in Rome over

### Who's Competing This Week

**Friday, Nov. 6**

Maryland @ North Carolina

3 PM

Kentucky @ Virginia Tech

3 PM

**Saturday, Nov. 7**

Colgate @ Boston College

Noon

Duke/Miami (women) @ Virginia Tech

12 PM

NC State @ Davidson

1 PM

Louisiana State @ Florida State

11 AM

### Recent Results

**Men**

Clemson def. South Carolina, 160-140

Duke def. Georgia Tech, 171.5-128.5

North Carolina def. Georgia Tech, 160.5-119.5

**Virginia Tech def. Penn State, 184-116**

**Women**

Northeastern def. Boston College, 162.5-157.5

Clemson def. South Carolina, 155-145

Duke def. Georgia Tech, 178-120

Duke def. Houston, 188-110

Georgia Tech def. Houston, 179-119

North Carolina def. Georgia Tech, 165-128

NC State def. Richmond, 181-102

**Virginia Tech def. Penn State, 160-140**

### Standings

**Men**

School	Conference				Overall			
	W	L	T	Pct.	W	L	T	Pct.
NC State	2	0	0	1.000	2	0	0	1.000
North Carolina	2	0	0	1.000	5	0	0	1.000
Clemson	1	0	0	1.000	3	1	0	.750
Virginia	1	0	0	1.000	1	1	0	.750
Duke	2	1	0	.667	3	1	0	.750
Georgia Tech	1	2	0	.333	3	4	0	.429
Florida State	0	0	0	.000	2	0	0	1.000
Boston College	0	0	0	.000	1	1	0	.500
<b>Virginia Tech</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>.000</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>.500</b>
Maryland	0	2	0	.000	1	2	0	.333
Miami	ONLY COMPETES IN DIVING							

**Women**

School	Conference				Overall			
	W	L	T	Pct.	W	L	T	Pct.
Clemson	2	0	0	1.000	5	0	0	1.000
Florida State	1	0	0	1.000	5	0	0	1.000
Maryland	2	0	0	1.000	3	0	0	1.000
North Carolina	2	0	0	1.000	4	1	0	.800
Virginia	1	0	0	1.000	1	1	0	.500
NC State	1	1	0	.500	3	1	0	.750
Georgia Tech	1	3	0	.250	5	4	1	.550
Duke	1	2	0	.333	3	2	0	.600
Boston College	0	0	0	.500	3	2	0	.600
<b>Virginia Tech</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>.000</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>.500</b>
Miami	0	2	0	.000	0	5	0	.000

**2008-09 Results**

**Women (6-1), Men (7-1)**

Date	Opponent	Site	Women	Men
Oct. 25	N.C. STATE*	Blacksburg, Va.	W, 202-107	W, 183-126
	WEST VIRGINIA	Blacksburg, Va.	W, 199-93	W, 200-109
Oct. 29	at #10 Virginia*	Charlottesville, Va.	L, 110-188	L, 108-189
Nov. 8	CLEMSON*	Blacksburg, Va.	W, 182-118	W, 187-103
Nov. 19-22	at Volunteer Invitational	Knoxville, Tenn.	2nd, 907 pts.	2nd, 753 pts.
Jan. 24	GEORGIA TECH*	Blacksburg, Va.	W, 218-82	W, 167-133
	UNC WILMINGTON	Blacksburg, Va.	W, 250-50	W, 246-53
Jan. 31	at Pittsburgh	Pittsburgh, Pa.	W, 177.5-118.5	W, 183-111
Feb. 6	at Maryland*	College Park, Md.	--	W, 133-83
Feb. 18-21	Women's ACC Championships	College Park, Md.	3rd, 451 pts.	--
Feb. 25-28	Men's ACC Championships	College Park, Md.	--	5th, 379 pts.
Mar.13-15	Zone B Diving Championships	Knoxville, Tenn.	--	5th (1m, 3m)
Mar. 19-21	Women's NCAA Championships	College Station, Texas	34th, 13.5 pts	--
Mar.26-28	Men's NCAA Championships	College Station, Texas	--	36th, 4.5 pts.

Home Meets in CAPS  
\* denotes ACC opponent

**2009-2010 NCAA Marks**

**NCAA Marks**

2009-10 Men's Qualifying Standards  
25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:19.35	:20.31
100 Freestyle	:42.26	:44.37
200 Freestyle	1:33.61	1:38.29
500 Freestyle	4:15.68	4:28.46
1650 Freestyle	14:51.15	15:35.70
100 Butterfly	:46.04	:48.34
200 Butterfly	1:42.95	1:48.09
100 Backstroke	:46.69	:49.02
200 Backstroke	1:41.53	1:46.60
100 Breaststroke	:52.87	:55.51
200 Breaststroke	1:54.25	1:59.96
200 IM	1:44.13	1:49.33
400 IM	3:44.88	3:56.12
200 Freestyle Relay	1:17.69	1:21.57
400 Freestyle Relay	2:52.47	3:01.09
800 Freestyle Relay	6:23.26	6:42.42
200 Medley Relay	1:25.66	1:29.94
400 Medley Relay	3:08.22	3:17.63

1-Meter Diving Points—Dual 290/300‡  
3-Meter Diving Points—Dual 310/320‡  
Platform Diving Points—Dual 290/300‡

‡ qualifying point total when using six optional dives with standard D.D.

**NCAA Marks**

2009-10 Women's Qualifying Standards  
25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:21.93	:23.02
100 Freestyle	:47.84	:50.23
200 Freestyle	1:44.02	1:49.22
500 Freestyle	4:38.46	4:52.41
1650 Freestyle	15:53.38	16:41.04
100 Butterfly	:52.02	:54.62
200 Butterfly	1:54.95	2:00.69
100 Backstroke	:53.01	:55.66
200 Backstroke	1:53.37	1:59.24
100 Breaststroke	:59.99	1:02.98
200 Breaststroke	2:10.32	2:16.83
200 IM	1:56.13	2:01.93
400 IM	4:07.33	4:19.69
200 Freestyle Relay	1:28.35	1:32.76
400 Freestyle Relay	3:14.93	3:24.67
800 Freestyle Relay	7:02.07	7:23.17
200 Medley Relay	1:37.81	1:42.70
400 Medley Relay	3:32.56	3:43.18

1-Meter Diving Points—Dual 255/265‡  
3-Meter Diving Points—Dual 270/280‡  
Platform Diving Points—Dual 260/225†

‡ qualifying point total when using six optional dives with standard D.D.

† qualifying point total when using five optional dives with standard D.D.

**Men's School Records**

Event	Virginia Tech	War Memorial Pool	Atlantic Coast Conference
50 Free	Kaan Tayla 19.50 (2008)	<b>Kaan Tayla, Virginia Tech</b> 19.87 (2008)	Cullen Jones, NC State 19.07 (2006)
100 Free	Kaan Tayla 43.30 (2008)	<b>Kaan Tayla, Virginia Tech</b> 43.86 (2008)	Scot Robinson, Virginia 42.94 (2009)
200 Free	Zac Czaplicki 1:37.05 (2006)	Evan Gregg, H2Okie Aquatics 1:37.48 (2009)	Matt McLean, Virginia 1:32.80 (2009)
500 Free	Gus Calado 4:22.50 (2005)	<b>Gus Calado, Virginia Tech</b> 4:25.50 (2007)	Matt McLean Virginia 4:10.00 (2009)
1000 Free	Ben Miller 9:10.06 (2009)	Fran Crippen, Virginia 9:11.61 (2005)	Matt McLean, Virginia 8:46.50 (2009)
1650 Free	Caglar Gokbulut 15:15.92 (2009)	Taylor Smith, Virginia 15:33.76 (2010)	Matt McLean, Virginia 14:35.12 (2009)
100 Back	Charlie Higgins 46.54 (2009)	<b>Scott Beard, Virginia Tech</b> 49.32 (2007)	Tommy Wyher, North Carolina 46.41 (2009)
200 Back	Charlie Higgins 1:43.85 (2009)	Stephen Mellor, NC State 1:48.52 (2008)	Andy Hodgson, Florida State 1:41.14 (2009)
100 Breast	Kevin Furlong 53.54 (2003)	Mikey Malul, Georgia Tech 55.34 (2009)	Ed Moses, Virginia 52.60 (2000)
200 Breast	Jonathan Huss 1:59.36 (2009)	John Azar, Virginia 2:01.83 (2010)	Ed Moses, Virginia 1:53.99 (2000)
100 Fly	Scott Beard 47.05 (2006)	<b>Scott Beard, Virginia Tech</b> 47.95 (2008)	Tommy Wyher, North Carolina 46.21 (2009)
200 Fly	Gus Calado 1:44.25 (2006)	<b>Gus Calado, Virginia Tech</b> 1:44.99 (2004)	Michael Raab, Virginia 1:42.84 (2003)
200 IM	Daniel Flynn 1:48.53 (2009)	Evan Gregg, H2Okie Aquatics 1:48.13 (2009)	Gal Nevo, Georgia Tech 1:43.34 (2009)
400 IM	Gus Calado 3:51.63 (2006)	Darren Ankosko, Virginia 3:59.47 (2010)	Gal Nevo, Georgia Tech 3:39.33 (2009)
200 Free Relay	deToll, Hawkins, Holmes, Ulatowski 1:18.75 (2009)	<b>Tayla, Bova, deToll, Beard Virginia Tech</b> 1:21.32 (2007)	Sousa, Plummer, Copeland, Robberson Georgia Tech 1:17.84 (2009)
400 Free Relay	deToll, Hawkins, Holmes, Ulatowski 2:55.49 (2009)	<b>Tayla, Bova, Czaplicki, Beard Virginia Tech</b> 3:00.21 (2008)	Robberson, Azar, Geissinger, McLean Virginia 2:51.50 (2008)
800 Free Relay	Hughes, Trabuchi-Downey Uncur, Hawkins 6:30.03 (2009)	Robison, Karasek, Wren, Ankosko Virginia 6:44.41 (2010)	Azar, Robison, Karasek, McLean Virginia 6:15.02 (2009)
200 Medley Relay	Higgins, Huss deToll, Holmes 1:27.11 (2009)	Ayzenshtok, Wagner, Malul, Sousa Georgia Tech 1:30.47 (2009)	Ayzenshtok, Wagner, Malul, Sousa Georgia Tech 1:26.00 (2009)
400 Medley Relay	Higgins, Huss, deToll, Hawkins 3:11.18 (2009)	<b>Tozer, Furlong, Frahm, Lindberg Virginia Tech</b> 3:20.14 (2004)	Olsen, Robertson, Hurley, Robinson Virginia 3:08.71 (2009)
1M Diving (6)	Mikey McDonald 397.90 (2009)	<b>Mikey McDonald, Virginia Tech</b> 394.28 (2010)	
1M Diving (11)	Artie Waters 490.55 (1985)		Paul Spray, Florida State 560.25 (1992)
3M Diving (6)	Mikey McDonald 435.15 (2007)	<b>Mikey McDonald, Virginia Tech</b> 435.15 (2007)	
3M Diving (11)	Doug Roper 505.40 (2004)		Louis Gagnet, Florida State 621.05 (2003)
Platform (6)	Mikey McDonald 357.40 (2009)		
Platform (10)	Doug Roper 392.00 (2005)		

**Women's School Records**

Event	Virginia Tech	War Memorial Pool	Atlantic Coast Conference
50 Free	Sara Smith 21.96 (2009)	<b>Sara Smith, Virginia Tech</b> 22.18 (2009)	<b>Sara Smith, Virginia Tech</b> 21.96 (2009)
100 Free	Sara Smith 48.10 (2009)	Kayla Andrews, West Virginia 49.91 (2008)	<b>Sara Smith, Virginia Tech</b> 48.10 (2009)
200 Free	Kelly deMarrais 1:47.58 (2009)	Lauren Perdue, Virginia 1:47.89 (2010)	Michelle Parkhurst, Clemson 1:44.74 (2008)
500 Free	Erika Hajnal 4:40.30 (2009)	<b>Erika Hajnal, Virginia Tech</b> 4:51.25 (2010)	Katura Harvey, North Carolina 4:39.12 (2009)
1000 Free	Erika Hajnal 9:40.18 (2009)	<b>Erika Hajnal, Virginia Tech</b> 9:47.12 (2009)	Cara Lane, Virginia 9:36.35 (2001)
1650 Free	Erika Hajnal 16:00.16 (2009)	Jennifer Narum, Virginia 16:40.56 (2010)	Whitney Sprague, North Carolina 15:51.02 (2008)
100 Back	Steffi Drechsel 53.66 (2009)	Mei Christensen, Virginia 54.73 (2010)	Mei Christensen, Virginia 51.79 (2009)
200 Back	Kelly deMarrais 1:57.50 (2009)	Mei Christensen, Virginia 1:59.47 (2010)	Mei Christensen, Virginia 1:52.22 (2009)
100 Breast	Jessica Botzum 1:00.56 (2008)	<b>Jessica Botzum, Virginia Tech</b> 1:02.85 (2006)	Layne Brodie, North Carolina 1:00.02 (2009)
200 Breast	Jessica Botzum 2:10.13 (2008)	<b>Jessica Botzum, Virginia Tech</b> 2:16.64 (2007)	Layne Brodie, North Carolina 2:10.04 (2009)
100 Fly	Megan Newell 52.61 (2009)	<b>Megan Newell, Virginia Tech</b> 53.99 (2009)	Richelle Depold, North Carolina 52.34 (1997)
200 Fly	Megan Newell 1:58.40 (2009)	Elizabeth Shaw, Virginia 2:00.56 (2010)	Megan Evo, Virginia 1:54.59 (2009)
200 IM	Jessica Botzum 2:00.53 (2007)	<b>Sara Smith, Virginia Tech</b> 2:03.45 (2009)	Megan Evo, Virginia 1:56.17 (2009)
400 IM	Erika Hajnal 4:11.74 (2009)	Claire Crippen, Virginia 4:19.17 (2010)	Claire Crippen, Virginia 4:08.78 (2009)
200 Free Relay	McHorney, Newell, Drechsel, Smith 1:29.29 (2009)	<b>Walsh, Guschke, Johnson, Daniell Virginia Tech</b> 1:34.04 (2006)	Christensen, Wallace, Evo, Davis Virginia 1:29.12 (2009)
400 Free Relay	Drechsel, McHorney Smith, Newell 3:16.21 (2009)	Brown, Safritt, Redcay, Wallace Pittsburgh 3:24.56 (2006)	Davis, Glover, Evo, Lewis Virginia 3:18.69 (2008)
800 Free Relay	Hajnal, Ritter Howanitz, deMarrais 7:15.10 (2009)	Harris, Perdue, Shaw, Flynn Virginia 7:29.09 (2010)	Evo, Wallace, Shaw, Harris Virginia 7:05.72 (2009)
200 Medley Relay	McHorney, Earl, Newell, Smith 1:38.56 (2009)	<b>McHorney, Earl, Newell, Smith Virginia Tech</b> 1:40.95 (2009)	Christensen, McDonnell, Shaw, Wallace Virginia 1:37.50 (2009)
400 Medley Relay	Drechsel, Losinger Newell, Smith 3:36.50 (2009)	Shoust, Redman, Tielking, Brown Virginia 3:46.63 (2005)	Christensen, McDonnell, Shaw, Evo Virginia 3:33.49 (2009)
1M Diving (6)	Jackie Davoud 312.68 (1998)	<b>Jackie Davoud, Virginia Tech</b> 312.68 (1998)	
1M Diving (11)	Jackie Davoud 439.05 (1998)		Jennie Graviss, Clemson 459.80
3M Diving (6)	Natalie West 322.50 (2009-2010)	Hannah Krimm, Georgia Tech 327.95 (2009)	
3M Diving (11)	Laura Lunn 487.35 (2005)		Agnes Gerlach, NC State 567.15 (1993)
Platform (5)	Cara Murman 247.65 (2009)		
Platform (9)	Laura Lunn 388.85 (2005)		