

2017 Virginia Tech Women's Indoor Track & Field Season-Best Performance List

60m (School Record: 7.26, Funmi Alabi, 2011)

Athlete	Year	Time	Meet	Meet Date
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200m (School Record: 23.60, Courtney Blanden, 2017)

Athlete	Year	Time	Meet	Meet Date
Courtney Blanden	Jr.	23.60	ACC Championships	2/23-25
		23.69 (p)	ACC Championships	2/23-25
		23.82	Doc Hale VT Elite Meet	2/3-4
		24.28	Bob Pollock Invitational	1/27-28
Nora McKiver	UN	24.02	Doc Hale VT Elite Meet	2/3-4
		24.07	Virginia Tech Challenge	2/17-18
		24.54	Bob Pollock Invitational	1/27-28
Ama-Selina Tchume	Jr.	24.08	Virginia Tech Challenge	2/17-18
		24.14 (p)	ACC Championships	2/23-25
		24.58	Music City Challenge	2/10-11
		24.69	Doc Hale VT Elite Meet	2/3-4
		24.91	Bob Pollock Invitational	1/27-28
Arlicia Bush	Fr.	24.98	Doc Hale VT Elite Meet	2/3-4
Shanel Burr	Jr.	25.10	Music City Challenge	2/10-11
		25.11	Doc Hale VT Elite Meet	2/3-4
		25.19	Hokie Invitational	1/19-21
		25.56	Bob Pollock Invitational	1/27-28
Jada Gundran	r-Jr.	25.29	Virginia Tech Challenge	2/17-18
Kyra Parker	Fr.	27.10	Virginia Tech Challenge	2/17-18
		27.23	Hokie Invitational	1/19-21

300m (School Record: 37.93, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date
Courtney Blanden	Jr.	39.04	Virginia Tech Invitational	1/13-14
Ama-Selina Tchume	Jr.	39.58	Virginia Tech Invitational	1/13-14
Nora McKiver	UN	39.85	Virginia Tech Invitational	1/13-14
Shanel Burr	Jr.	40.94	Virginia Tech Invitational	1/13-14
Kyra Parker	Fr.	43.55	Virginia Tech Invitational	1/13-14

400m (School Record: 53.06, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date
Courtney Blanden	Jr.	53.54	ACC Championships	2/23-25
		53.59 (p)	ACC Championships	2/23-25
		54.38	Music City Challenge	2/10-11
		54.54	Hokie Invitational	1/19-21
Arlicia Bush	Fr.	54.54 (p)	ACC Championships	2/23-25
		54.68	Virginia Tech Challenge	2/17-18
		54.84	Music City Challenge	2/10-11
		55.23	Doc Hale VT Elite Meet	2/3-4
		56.17	Bob Pollock Invitational	1/27-28
Ama-Selina Tchume	Jr.	54.86	Virginia Tech Challenge	2/17-18
		55.87	Doc Hale VT Elite Meet	2/3-4
		56.13	Music City Challenge	2/10-11
		56.65	Hokie Invitational	1/19-21
		1:06.68 (p)	ACC Championships	2/23-25
Jada Gundran	r-Jr.	56.62	Music City Challenge	2/10-11
		56.79	Virginia Tech Challenge	2/17-18
		56.94	Doc Hale VT Elite Meet	2/3-4
		57.61	Bob Pollock Invitational	1/27-28
		58.09	Hokie Invitational	1/19-21
Kacia Vines	So.	56.90	Doc Hale VT Elite Meet	2/3-4
Shannon Quinn	So.	57.02 (p)	ACC Championships	2/23-25

500m (School Record: 1:11.49, Asia Washington, 2010)

Athlete	Year	Time	Meet	Meet Date
Arlicia Bush	Fr.	1:14.09	Virginia Tech Invitational	1/13-14
Jada Gundran	r-Jr.	1:17.22	Virginia Tech Invitational	1/13-14

600m (School Record: 1:27.39, Hanna Green, 2017)

Athlete	Year	Time	Meet	Meet Date
Hanna Green	Sr.	1:27.39	Virginia Tech Challenge	2/17-18
Rachel Pocratsky	So.	1:30.67	Virginia Tech Challenge	2/17-18
Shannon Quinn	So.	1:31.53	Virginia Tech Challenge	2/17-18
Catherine Stone	Fr.	1:35.12	Virginia Tech Challenge	2/17-18
Amanda Thomas	Fr.	1:36.63	Hokie Invitational	1/19-21
		1:40.06	Virginia Tech Challenge	2/17-18

800m (School Record: 2:02.13, Hanna Green, 2017)

Athlete	Year	Time	Meet	Meet Date
Hanna Green	Sr.	2:02.13	NCAA Championships	3/10-11
		2:02.28	ACC Championships	2/23-25
		2:03.31	Camel City Invitational	2/3-4
		2:05.60 (p)	ACC Championships	2/23-25
Rachel Pocratsky	So.	2:04.96	ACC Championships	2/23-25
		2:05.29	Music City Challenge	2/10-11
		2:06.41 (p)	ACC Championships	2/23-25
Laurie Barton	Fr.	2:07.95	Camel City Invitational	2/3-4
		2:08.19 (p)	ACC Championships	2/23-25
		2:08.79	ACC Championships	2/23-25
Catherine Stone	Fr.	2:08.88 (p)	ACC Championships	2/23-25
		2:12.35	Music City Challenge	2/10-11
		2:13.90	Doc Hale VT Elite Meet	2/3-4
Sarah Edwards	Fr.	2:11.17 (p)	ACC Championships	2/23-25
		2:13.99	Music City Challenge	2/10-11
		2:16.41	Doc Hale VT Elite Meet	2/3-4
Shannon Quinn	So.	2:11.19	Music City Challenge	2/10-11
		2:11.79	Doc Hale VT Elite Meet	2/3-4
Shannon Morton	UN	2:13.69	Doc Hale VT Elite Meet	2/3-4

1,000m (School Record: 2:44.23, Rachel Pocratsky, 2017)

Athlete	Year	Time	Meet	Meet Date
Rachel Pocratsky	So.	2:44.23	Hokie Invitational	1/19-21
		2:50.00	Virginia Tech Invitational	1/13-14
Hanna Green	Sr.	2:44.56	Hokie Invitational	1/19-21
Tessa Riley	Sr.	2:49.09	Virginia Tech Challenge	2/17-18
		2:54.41	Virginia Tech Invitational	1/13-14
Katie Kennedy	Jr.	2:49.38	Virginia Tech Challenge	2/17-18
Laurie Barton	Fr.	2:50.50	Virginia Tech Invitational	1/13-14
Sarah Edwards	Fr.	2:52.73	Virginia Tech Challenge	2/17-18
Mikayla Richardson	Fr.	2:54.75	Virginia Tech Invitational	1/13-14
Shannon Quinn	So.	2:54.75	Hokie Invitational	1/19-21
		2:55.25	Virginia Tech Invitational	1/13-14
Shannon Morton	UN	2:58.94	Virginia Tech Invitational	1/13-14
Catherine Stone	UN	2:59.60	Hokie Invitational	1/19-21
Alyssa Shupe	So.	3:03.03	Hokie Invitational	1/19-21
		3:03.70	Virginia Tech Invitational	1/13-14
Amanda Thomas	Fr.	3:15.20	Virginia Tech Invitational	1/13-14

1,500m (School Record: 4:15.34, Shannon Morton, 2016)

Athlete	Year	Time	Meet	Meet Date
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Mile (School Record: 4:35.74, Shannon Morton, 2016)

Athlete	Year	Time	Meet	Meet Date
Rachel Pocratsky	So.	4:45.38	Camel City Invitational	2/3-4
Tessa Riley	Sr.	4:47.18 (p)	ACC Championships	2/23-25
		4:48.09	ACC Championships	2/23-25
		4:50.77	Music City Challenge	2/10-11
		4:51.81	Hokie Invitational	1/19-21
		4:56.01	Doc Hale VT Elite Meet	2/3-4
Hanna Green	Sr.	4:47.62	Virginia Tech Invitational	1/13-14
Katie Kennedy	Jr.	4:49.85	Hokie Invitational	1/19-21
Mikayla Richardson	Fr.	4:51.32 (p)	ACC Championships	2/23-25
		4:57.64	Hokie Invitational	1/19-21
Lauren Berman	So.	4:55.88	Virginia Tech Invitational	1/13-14
		4:56.47	Hokie Invitational	1/19-21
Jennifer Fleming	So.	4:55.99	Virginia Tech Challenge	2/17-18
		4:59.54	Hokie Invitational	1/19-21
		4:59.68	Virginia Tech Invitational	1/13-14
Laurie Barton	Fr.	4:57.17	Hokie Invitational	1/19-21
Sara Freix	Fr.	4:57.37	Virginia Tech Challenge	2/17-18
		5:05.57	Virginia Tech Invitational	1/13-14
		5:05.72	Hokie Invitational	1/19-21
Sarah Edwards	Fr.	4:59.05	Virginia Tech Invitational	1/13-14
		4:59.30	Hokie Invitational	1/19-21
Kathryn Little	UN	5:06.19	Hokie Invitational	1/19-21
Abigail Motley	UN	5:11.58	Virginia Tech Invitational	1/13-14
Catherine Stone	UN	5:23.92	Virginia Tech Invitational	1/13-14

3,000m (School Record: 9:01.57, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date
Katie Kennedy	Jr.	9:30.45	Music City Challenge	2/10-11
		9:32.23	ACC Championships	2/23-25
		9:39.20	Camel City Invitational	2/3-4
Mikayla Richardson	Fr.	9:38.32	ACC Championships	2/23-25
		9:42.74	Camel City Invitational	2/3-4
		9:47.65	Music City Challenge	2/10-11
Sarah Edwards	Fr.	9:43.03	ACC Championships	2/23-25
Sara Freix	Fr.	10:02.53	Camel City Invitational	2/3-4
Jennifer Fleming	So.	10:03.50	Camel City Invitational	2/3-4
Amanda Swaak	So.	10:20.79	Virginia Tech Challenge	2/17-18
Ella Breidenstine	UN	10:25.00	Virginia Tech Challenge	2/17-18
		10:33.15	Doc Hale VT Elite Meet	2/3-4

5,000m (School Record: 16:13.85, Courtney Dobbs, 2014)

Athlete	Year	Time	Meet	Meet Date
Jennifer Fleming	So.	17:22.25	Music City Challenge	2/10-11
		17:36.88	ACC Championships	2/23-25
Sara Freix	Fr.	17:27.74	ACC Championships	2/23-25
		17:37.57	Music City Challenge	2/10-11

60m Hurdles (School Record: 7.94, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date
Nora McKiver	UN	8.34	Virginia Tech Challenge	2/17-18
		8.39	Hokie Invitational	1/19-21
		8.42 (p)	Virginia Tech Challenge	2/17-18
		8.48	Virginia Tech Invitational	1/13-14
Shanel Burr	Jr.	8.36 (p)	Virginia Tech Challenge	2/17-18
		8.40	Virginia Tech Challenge	2/17-18
		8.44 (p)	ACC Championships	2/23-25
		8.47	Doc Hale VT Elite Meet	2/3-4
		8.48 (p)	Music City Challenge	2/10-11
		8.51	Virginia Tech Invitational	1/13-14
		8.58	Bob Pollock Invitational	1/27-28
		8.63	Hokie Invitational	1/19-21
		8.65 (p)	Bob Pollock Invitational	1/27-28
Jada Gundran	r-Jr.	8.71 (p)	Virginia Tech Challenge	2/17-18
		8.72 (p)	Bob Pollock Invitational	1/27-28
		8.73	Doc Hale VT Elite Meet	2/3-4
		8.74	Virginia Tech Challenge	2/17-18
		8.73 (p)	Virginia Tech Invitational	1/13-14
		8.80 (p)	Music City Challenge	2/10-11
		8.82 (p)	Hokie Invitational	1/19-21
		8.96 (p)	ACC Championships	2/23-25

4x200m (School Record: 1:36.43, Potts, Spruill, Castlin, Harrison; 2008)

Time	Athletes	Meet	Meet Date
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4x400m (School Record: 3:37.42, Blanden, Green, Tchume, Bush, 2017)

Time	Athletes	Meet	Meet Date
3:37.42	Blanden, Green, Tchume, Bush	ACC Championships	2/23-25
3:40.04	Blanden, Green, Tchume, Bush	Music City Challenge	2/10-11
3:46.60	Tchume, Blanden, Gundran, Bush	Virginia Tech Invitational	1/13-14

4x800m (School Record: 8:33.50, Smiljanec, Dowd, A. Smith, H. Green, 2014)

Time	Athletes	Meet	Meet Date
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Distance Medley Relay (School Record: 11:10.84, J. Fanning, Green, Washington, T. Fanning, 2007)

Time	Athletes	Meet	Meet Date
11:12.17	Green, Blanden, Barton, Pocratsky	Music City Challenge	2/10-11
11:22.35	Riley, Gundran, Quinn, Kennedy	ACC Championships	2/23-25
11:40.14	Riley, Quinn, Edwards, Stone	Music City Challenge	2/10-11

High Jump (School Record: 6 ft., 1.83m, Katie Ollendick, 1998)

Athlete	Year	English	Metric	Meet	Meet Date
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Long Jump (School Record: 19 ft., 9 in., 6.02m, April Byrd, 2000)

Athlete	Year	English	Metric	Meet	Meet Date
Eszter Bajnok	Fr.	19 ft., .75 in.	5.81m	Hokie Invitational	1/19-21
		18 ft., 10.5 in.	5.75m	Doc Hale VT Elite Meet	2/3-4

Triple Jump (School Record: 41 ft., 4.25 in., 12.60m, April Byrd: 2000 & Eszter Bajnok: 2017)

Athlete	Year	English	Metric	Meet	Meet Date
Eszter Bajnok	Fr.	41 ft., 4.25 in.	12.60m	ACC Championships	2/23-25
		41 ft., 1 in.	12.52m	Virginia Tech Invitational	1/13-14
		40 ft., 6 in.	12.34m	Liberty Elite Invitational	2/10-11

Pole Vault (School Record: 14 ft., 7.25 in., 4.45m, Martina Schultze, 2013)

Athlete	Year	English	Metric	Meet	Meet Date
Olivia Privitera	r-Jr.	12 ft., 10.25 in.	3.92m	Penn State Nationals	1/27-28
		12 ft., 8.25 in.	3.87m	Doc Hale VT Elite Meet	2/3-4
		12 ft., 8.25 in.	3.87m	Hokie Invitational	1/19-21
		12 ft., 6 in.	3.81m	ACC Championships	2/23-25
		12 ft., 4.5 in.	3.77m	Virginia Tech Invitational	1/13-14
Erica Hjerpe	Sr.	12 ft., .5 in.	3.67m	Virginia Tech Challenge	2/17-18
		12 ft., 8.25 in.	3.87m	Doc Hale VT Elite Meet	2/3-4
		12 ft., 6 in.	3.81m	ACC Championships	2/23-25
		12 ft., 2.5 in.	3.72m	Hokie Invitational	1/19-21
Hannah Meador	UN	11 ft., 10.5 in.	3.62m	Virginia Tech Invitational	1/13-14
		10 ft., 10 in.	3.30m	Doc Hale VT Elite Meet	2/3-4

Weight Throw (School Record: 73 ft., 3.25 in., 22.33m, Tamara Burns, 2005)

Athlete	Year	English	Metric	Meet	Meet Date
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Shot Put (School Record: 54 ft., 9.5 in., 16.70m, Brittany Pryor, 2008)

Athlete	Year	English	Metric	Meet	Meet Date
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Pentathlon (School Record: 4,224 points, Saskia Triesscheijn, 2006)

Athlete	Year	Points	Meet	Meet Date
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